

# Starters & Sharers

## Soup of the Day (v)(gfo)

Homemade soup served with rustic bread  
**£4.95**

## Garlic Sourdough Bread (v)(veo)

With a sprinkle of sea salt & parsley  
**£3.95**

## Indian Board

Tandoori chicken & vegetable skewer, tikka masala king prawns, onion & beetroot bhajis, cucumber raita, poppadoms  
**£12.95**

## Salt & Pepper Calamari

Lemon aioli  
**£6.75**

## Moroccan Falafel Bites (v)(gfo)

Smoked paprika tortilla chips, hummus, tzatziki  
**£6.45**

## Mediterranean Mezze Board (gfo)

Falafel, sun blushed tomatoes, olive tapenade, red pepper hummus, marinated feta, artichokes, tzatziki, flat bread  
**£12.95**

## Smoked Mackerel Pâté

Toasted granary croutons, baby leaf & orange salad, honey mustard dressing  
**£6.95**

## Seafood Tapas

Garlic & chilli tiger prawns, mussels in cider & bacon cream sauce, salt & pepper calamari, tartare sauce  
**£11.95**

Add sourdough bread £1.50

## Mushroom & Blue Cheese (v)(gfo)

Sautéed mushrooms in a creamy white wine, truffle & chive sauce, crumbled stilton, sourdough croutons  
**£6.25**

## Satay Chicken Skewers (gf)

Malaysian spiced chicken satay skewers, sesame marinated cucumber ribbons, spiced peanut sauce  
**£6.95**

## Opening Times

Mon - Fri 9.30am - 11pm  
Sat - 9am - 11pm  
Sun - 9am - 5pm

## Food Served

Mon - Fri 9.30am - 9pm  
Sat - 9am - 9pm  
Sun - 9am - 4pm

## Breakfast Menu Available

Mon - Fri - 9.30am - 11.30am  
Sat - 9am - 11.30am  
Sun 9am - 4pm

*Please ask a member of staff for information on food allergens and intolerances*

## Lighter Bites

### Crispy Potato Hash (vo)(gf)

Sautéed mushrooms, spinach & chorizo, poached egg, hollandaise sauce  
**£8.95**

### Woodland Mushrooms on Toast (v)(gfo)

Sautéed mushrooms in a white wine, truffle & chive cream sauce on sourdough toast  
**£8.25**

### Smoked Haddock & Salmon Fishcake

Charred asparagus, poached hens egg, citrus & chive hollandaise  
**£8.50**

### Goodliffes Greek Salad (v)(veo)(gf)

Gem lettuce, peppers, cucumber, red onion, cherry tomatoes, olives, marinated feta, oregano & pomegranate dressing  
**£9.95**

Add chicken or chorizo £1.95

### Thai Red Vegetable Curry (ve)(v)(gfo)

Braised coconut & coriander rice, grilled flatbread  
**£11.95**

### Pasta of the Day (vo)

Please see one of our specials boards for today's dish

### Roasted Courgette & Red Pepper

#### Risotto (v)(veo)(gf)

Parmesan, herb oil

**Small £8.95/Large £11.95**

Add chicken, chorizo, halloumi or smoked bacon pieces £1.95

## Fish Dishes

### Fish & Chips

Home battered fish, hand cut chunky chips, minted mushy peas & tartare sauce  
**£10.95**

### Baked Cod Loin (gf)

Herb pesto marinated cod loin, dauphinoise potatoes, samphire & pepper, baby prawn & tomato cream sauce  
**£14.95**

### Grilled Fillet of Seabass (gf)

Grilled bok choy, herb potato cake, roasted vine tomatoes, lemon & caper cream sauce  
**£13.95**

### Citrus Marinated Salmon & Pepper Skewers

Teriyaki stir fry noodles & vegetables, sweet chilli sauce  
**£12.95**

### Catch of the Day

Please see one of our specials boards for today's dish

### Moules Frites (gf)

Rope grown mussels in shallot, cider & smoked bacon cream sauce, French fries  
**£11.95**

Add sourdough bread £1.50

### Tiger Prawn & Chorizo Salad (gf)

Pan fried chorizo & garlic prawns, baby leaf salad, roasted red peppers, cucumber ribbons, cherry tomato & pepper salsa  
**£11.95**

## Meat Dishes

### Pan Seared Breast of Chicken (gf)

Thyme fondant potato, buttered green beans & sugar snaps, wild mushroom & tarragon cream sauce  
**£13.95**

### Slow Cooked Baby Back Ribs

Goodliffes BBQ sauce, red onion slaw, French fries  
**£13.95**

### Pan Roasted Duck Breast (gf)

Chive rosti, charred asparagus, chantenay carrots, black cherry & Chambord jus  
**£14.95**

### Fillet Steak (gf)

Thyme fondant potatoes, honey roast chantenay carrots, green beans & shallots, smoked bacon crisp, whiskey & rosemary jus  
**£19.95**

### Slow Braised Blade of Beef (gf)

Dauphinoise potato, mushroom & spinach fricassee, confit tomatoes, red wine jus  
**£14.95**

### Marinated Lamb Rump (gf)

Spiced potato bravas, bok choy, charred shallot, feta & lamb jus  
**£14.95**

### 8oz Sirloin Steak (gf)

Hand cut chunky chips, vine tomatoes & sautéed mushrooms  
**£15.95**

Add garlic butter £1.25

Add shallot & blue cheese sauce or peppercorn sauce £1.95

## Burgers

All served on toasted brioche bun with French fries

Add onion rings to your burger £1.95  
Upgrade to sweet potato fries £1.50

### Goodliffe's Classic Burger

Griddled beef burger, gem lettuce, beef tomato & cheddar cheese  
**£9.95**

Add smoked bacon £1.50

Upgrade from cheddar to stilton 75p  
Add pulled pork £1.95

### Crispy Cajun Spiced Chicken Burger

Two panko breaded chicken pieces, with BBQ mayo, gem lettuce & beef tomato  
**£9.95**

Add smoked bacon & cheddar £1.95

Add smoked bacon & stilton £2.50

### Halloumi Burger (v)

Grilled Halloumi, red pepper, courgettes, homemade hummus, gem lettuce & beef tomato  
**£9.95**

### Spiced Butternut Squash & Quinoa Burger (v)(veo)

Toasted brioche bun, tomato chutney, feta, rocket & red onion  
**£9.95**

## Lunchtime Sandwiches & Paninis

**Served 11.30am - 5.30pm**

### The Fish Finger Sandwich

Home battered fish goujons sandwiched in bloomer bread, chunky chips, minted mushy peas & tartare sauce  
**£8.50**

### Chicken, Lettuce, Tomato & Mayo Sandwich

**£6.25**

### Cheddar, Tomato, Lettuce & Tomato Chutney Sandwich (v)

**£6.25**

Sandwiches served on white bloomer, granary or gluten free bread

### Sun Blushed Tomato, Basil, Mozzarella & Olive Tapenade Panini

**£7.25**

### BBQ Pulled Pork & Mexicano Cheddar Cheese Panini

**£7.25**

Sandwiches and paninis are served with either French fries or House salad

## Sides

French Fries **£2.95**    Chunky Chips **£2.95**    Onion Rings **£1.95**

Sweet Potato Fries **£3.95**    Spiced Potato Bravas **£3.25**    Buttered Greens **£3.25**

House Side Salad **£3.25**    Rustic Breads **£3.75**    Marinated Olives **£2.95**

## Wednesday Night

**5-9pm**

### Tapas Night

A la carte menu or

Two dishes, one side & flatbread  
**£9.95**

(menu changes weekly)

Tapas party menu available for groups of 10+

**(v) - Vegetarian**  
**(ve) - Vegan**  
**(g) - Gluten free**

## Friday Night

**5-8pm**

### Fish & Fizz

Fridays

Free fizz cocktail with any fish main course\*

(\*selected cocktails, qualifying dishes on main menu only)

**(vo) - Vegetarian option available**  
**(veo) - Vegan option available**  
**(gfo) - Gluten free option available**



Established in Loughborough July 2006

Follow us on Instagram, Facebook & Twitter, or visit our website for events & offers.



GoodliffesLbro



[facebook.com/goodliffesloughborough](https://facebook.com/goodliffesloughborough)



@GoodliffesLbro

[www.goodliffes.co.uk](http://www.goodliffes.co.uk)

*Goodliffes is available for private hire; bespoke packages available  
Ask us for more information*