

# EVENING MENU

## SMALL PLATES

PADRON PEPPERS WITH SEA SALT (VG)	5-
HUMMUS & GREEK TZATZIKI DIP WITH GRILLED FLATBREAD (VE)	5.5
WHITEBAIT WITH LEMON MAYO	6.5
KING PRAWNS WITH FRESH CHILLI, LEMON, GARLIC & GRILLED SOURDOUGH	9-
CHARGRILLED HALLOUMI, RED PEPPER, RED ONIONS, & COURGETTE SKEWER WITH CHILLI, MINT & LEMON SERVED WITH TZATZIKI (VE)	7-
CHARGRILLED MOROCCAN SPICED CHICKEN, RED ONION & RED PEPPER SKEWERS WITH HARISSA CRÈME-FRAICHE	6.5
CHARGRILLED TURKISH LAMB KOFTAS WITH TZATZIKI	9-
THAI SPICED CRAB CAKES WITH ROCKET, TOASTED SESAME SEEDS, & SWEET CHILLI	7.5
SPINACH, POTATO & ONION PAKORAS WITH LEMON & MINT VEGAN YOGHURT (VG)	7.5
THICK CUT CHIPS & FRIES WITH CHIPOTLE KETCHUP & AIOLI DIPS (VE)	6.5
MELTED GOATS CHEESE WITH CHILLI JAM & ROCKET ON GRILLED SOURDOUGH (VE)	7.5
MUSHROOMS WITH GARLIC, THYME & CREAM ON GRILLED SOURDOUGH (VE)	6.5
SPICED CHILLI CHICKEN WINGS WITH SRIRACHA MAYO OR BOURBON BBQ SAUCE	7-
SOFT FLOUR TORTILLA WITH PULLED PORK, LETTUCE, RED ONIONS JALAPENOS & SMOKEY BOURBON BBQ SAUCE	7.5
COCONUT & TOMATO RED LENTIL DHAL SERVED WITH FLATBREAD (VG)	6.5

THE SMALL PLATES CAN BE SERVED IN TWO WAYS :  
CLASSIC DINING - AS A TRADITIONAL STARTER  
SOCIAL DINING - TO SHARE TAPAS STYLE

## BOARDS

MEZE - MORROCAN CHICKEN SKEWERS, CHARGRILLED LAMB KOFTAS, FETA CHEESE, HALLOUMI & ROASTED VEG SKEWERS, GRILLED COURGETTE, ROASTED RED PEPPER, HUMMUS, TZATZIKI, TABOULEH, OLIVES & GRILLED FLATBREAD	24-
IBERIAN - SLOW COOKED CHORIZO IN RED WINE, SERRANO HAM, MANCHEGO CHEESE, PADRON PEPPERS, GRILLED COURGETTE, ROASTED RED PEPPER, SUN-BLUSH TOMATO TAPENADE, OLIVES & GRILLED BREAD	22-

## SALADS + PASTA

LINGUINE WITH ROASTED COURGETTE, GOATS CHEESE, LEMON ZEST, GARLIC, CHILLI & FRESH MINT (VE)	12-
PENNE WITH CHICKEN, SLOW COOKED CHORIZO SAUSAGE, ROASTED RED PEPPERS, FRESH CHILLI & TOMATO	12-
SALAD OF WARM MELTED GOATS CHEESE, ROCKET, BEETROOT, TOASTED WALNUTS, GRILLED SOURDOUGH & BALSAMIC (VE)	12-
CAESAR SALAD WITH GRILLED CHICKEN BREAST, GEM & ICEBERG LETTUCE, ANCHOVIES, MAPLE CURED SMOKED BACON, PARMESAN, CROUTONS & CAESAR DRESSING	12-

## MAIN COURSES

MALYSIAN BEEF CURRY WITH CHILLI, GINGER, LEMONGRASS, LIME, CINNAMON, COCONUT, CORIANDER & PEANUTS SERVED WITH RICE	16-
CHINESE PANCAKES FILLED WITH SHREDDED ROAST DUCK, CUCUMBER, SPRING ONIONS & HOISIN SAUCE SERVED WITH PRAWN CRACKERS, SWEET CHILLI & SALAD	12.5
FORUM SIX SPICE FRIED CHICKEN WITH FRIES & SRIRACHA MAYO	11-
FAJITAS WITH CHICKEN OR VEGAN QUORN, RED ONIONS & MIXED PEPPERS SERVED WITH GUACAMOLE, SOUR CREAM & SOFT FLOUR TORTILLAS (VG)	12.5
KING PRAWN THAI CURRY WITH SPRING ONIONS, PEPPERS, RED ONIONS, GINGER, CHILLI, LIME, LEMONGRASS, COCONUT MILK & CORIANDER WITH RICE	16-
WITH VEGAN QUORN (VG)	13-
BEER BATTERED COD FILLET, THICK CUT CHIPS & MUSHY PEAS	12-
FLOUR TORTILLA QUESADILLAS FILLED WITH BBQ PULLED PORK, SMOKEY BOURBON SAUCE, ROASTED RED PEPPER, JALAPENOS & MELTED CHEESE SERVED WITH FRIES	12.5
VIETNAMESE RICE NOODLES WITH CHICKEN, RED & GREEN PEPPERS, SPRING ONIONS, GARLIC, GINGER, LEMONGRASS, CHILLI, LIME, CORIANDER & PEANUTS	12.5
WITH KING PRAWNS	15-
WITH VEGAN QUORN (VG)	13.5

## FROM THE GRIDDLE

8OZ RIB EYE STEAK WITH VINE TOMATO, GARLIC BUTTER & FRIES	19-
CHARGRILLED MOROCCAN SPICED CHICKEN, RED ONION & RED PEPPER SKEWERS SERVED WITH HARISSA CRÈME-FRAICHE & A CHOICE OF TABOULEH OR FRIES	12-
CHARGRILLED HALLOUMI, RED PEPPER, RED ONION & COURGETTE SKEWERS MARINATED IN CHILLI, MINT & LEMON SERVED WITH TZATZIKI & A CHOICE OF TABOULEH OR FRIES (VE)	13-
THE FORUM BURGER WITH 7OZ PRIME BEEF, MAPLE CURED BACON, RED ONION, TOMATO, DILL PICKLE, CHEDDAR CHEESE, AMERICAN MUSTARD & CHIPOTLE KETCHUP ON A SOURDOUGH BUN WITH FRIES	13.5
THE LANCASTRIAN BURGER WITH 7OZ PRIME BEEF, RED ONION, TOMATO, CHILLI JAM & CREAMY LANCASHIRE CHEESE ON A SOURDOUGH BUN WITH FRIES	12-
100% PLANT BASED VEGAN BURGER, RED ONION, TOMATO, DILL PICKLE, AMERICAN MUSTARD & CHIPOTLE KETCHUP ON A SOURDOUGH BUN (VG)	11-

## SIDES+APPETIZERS

NOCCARELLA & KALAMATA OLIVES (VG)	3.5
GRILLED CIABATTA, OLIVE OIL & BALSAMIC (VG)	3.5
FRIES (VG)	3-
THICK CUT CHIPS (VG)	3.5
PIRI PIRI FRIES (VG)	3.5
SWEET POTATO FRIES (VG)	4.5
GRILLED CIABATTA (VG)	2-
ROCKET & PARMESAN SALAD (VE)	4-
HOUSE SALAD (VE)	3.5
GARLIC CIABATTA (VE)	3.5
GARLIC CIABATTA WITH CHEESE (VE)	4.5

## FOOD ALLERGEN & INTOLERANCES INFORMATION

PLEASE BE ADVISED THAT WE CANNOT BE SURE OR GUARANTEE THAT OUR FOOD IS FREE FROM ALL ALLERGENS.  
PLEASE SPEAK TO A MEMBER OF STAFF ABOUT THE INGREDIENTS IN OUR DISHES BEFORE PLACING YOUR ORDER  
(VE) VEGETARIAN | (VG) VEGAN

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