TEA & COFFEE					
ENGLISH BREAKFAST TEA	£1.75	CHAI LAT	TE		£2.25
CAMOMILE TEA Peppermint Tea	£1.75 £1.75	LATTE Cappucci	N O		£2.25 £2.25
GREEN TEA	£1.75	AMERICAN	10		£1.95
EARL GREY TEA FRESH MINT TEA	£1.75 £1.75	Массніат Мосна	0		£1.95 £2.45
Espresso	£1.45	TURKISH			£2.45
Double Espresso Flat White	£1.75 £1.95	HOT CHOC LIQUEUR			£2.25 £4.25
			Brandy, Baileys, Amarett	o, Tia Maria	
JUICES & SOFT DRIN	K S				
JUICES JUICES	£1.95	APPLETIS	E R		£2.45
Cranberry, Pineapple, Apple, Orange & Tomato Juice	C1 OF	J 2 0			£2.75
COCA COLA, DIET COKE, COKE ZERO LEMONADE, FANTA	£1.95 £1.95	STILL WA	TER	SML £1.95	LRG £2.45
ICED TEA Lemon, Peach	£2.75	SPARKLIN	ig Water	SML £1.95	LRG £2.45
SMOOTHIES					
TROPICAL SURPRISE (Pineapple, Mango, Papaya & Pear)					£3.45
BERRY BLISS (Blueberry, Raspberry, Strawberry & Mango)					£3.45
SPIRITS (INCLUDES MIXERS)					
GIN- GORDON/PINK GORDON	£3.9	5 WHIS	KY - BELL'S, J	&B, JAMESON	£3.95
Bombay Sapphire Vodka Smirnoff	£4.2 £3.9		DANIEL'S INI BIANCO-EXT	DA DOV DOCCO	£4.25 £3.75
RUM - WHITE OR DARK	£3.9			RA DRY-RUSSU	£4.45
BRANDY- HENNESSEY, REMY MARTIN, COURVOI	ISIER £4.2	5 ARCH	ERS		£3.45
BOTTLED BEERS					
	C7 0F	Capana	770		C7 0F
Efes 330ml Peroni 330ml	£3.95 £3.95	Corona : Budweis	ER 330ML		£3.95 £3.95
WHITE WINES		175mL	250ML	Воттье	
Sauvignon Blanc		£4.65	£5.65	£17.95	
PINOT GRIGIO/GRILLO		£5.25 £5.45	£6.25	£19.95	
CHARDONNAY		15.45	£6.45	£20.95	
RED WINES		175ML	250mL	Воттье	
MERLOT		£4.65	£5.65	£17.95	
SHIRAZ		£5.45	£6.45	£20.95	
MALBEC		£5.75	£6.65	£22.95	
ROSÉ WINE		175ML	250mL	Воттье	
PINOT GRIGIO ROSÉ		£5.25	£6.25	£19.95	
SPARKLING WINE		125mL		Воттье	
PROSECCO		£5.95		£24.95	

Memb Kitchen

STARTERS

MARINATED MIXED OLIVES (V) GARLIC BREAD	£2.45	CHAR-GRILLED HALLOUMI SALAD (V) With tomatoes, cucumbers, mixed olives, mixed leaves and virgin	£5.25
GARLIC BREAD WITH CHEESE (V) BRUSCHETTA (V)	£3.95 £4.45	Olive oil dressing CHAR-GRILLED MARINATED CHICKEN SKEWERS Served with rice, salad & homemade chilli sauce	£5.95
Olive oil, tomatoes, olives, fresh basil & melted mozzarella cheese LENTIL SOUP (V) Served with bread	£4.45	PAN FRIED CHICKEN LIVERS With bacon, spinach & red onion salad	£5.95
TZATZIKI (V) Homemade creamy yogurt with cucumber, garlic & mint drizzled olive oil	£4.25	CHAR-GRILLED MARINATED CHICKEN WINGS With tomatoes, onions, rice and chilli sauce	£5.95
HUMMUS (V) Homemade hummus with basil & tomatoes, served with pitta bread	£4.45	CHAR-GRILLED MEDITERRANEAN KOFTE Minced lamb with herbs, with onion & tomatoes. Served with rice and chilli sauce	£5.95
FALAFEL (V) Served with hummus dip, salad and gherkins	£4.45	SALMON FISH CAKES Served with sautéed fresh spinach and mustard dressing	£6.25
GARLIC STUFFED MUSHROOM (V) Filled with melted mozzarella cheese	£4.45	WARM MARINATED FRESH CALAMARI SALAD	£5.95
FILO PARCELS (V) Pastry filled with spinach & feta cheese, served with dressed leaves, sour cream & shaved parmesan	£4.95	With chillies and rocket salad SAUTÉED KING PRAWNS	£6.45
MOZZARELLA, TOMATO & AVOCADO SALAD (V)(N) With fresh basil dressing	£5.25	With spring onions, fresh tomatoes, garlic & lemon juice served with rice KING PRAWNS & BABY PRAWNS	£6.95
CAMEMBERT CHEESE (V) Fried camembert with red currant and raspberry coulis	£5.25	Cooked in earthenware dish with shallots, red peppers, white wine & cream sauce topped with melted mozzarella & cheddar served with bread	
ASPARAGUS & GOAT CHEESE (V)(N) Caramelised goats cheese and grilled fresh asparagus with dressed salad leaves, cherry tomatoes and fresh basil pesto	£5.95	MUSSELS Fresh deep sea mussels steamed & cooked with white wine, onion and choice of fresh tomatoes or fresh cream sauce served with chips	£6.25

MEATS

LYNN MIX GRILLED Lamb Chop, Kofte, Chicken Wing, Chicken Fillet, Halloumi Cheese served with grilled tomatoes, peppers, mushroom, salad, rice & homemade chilli sauce	£16.95	FLAMED BREAST OF CHICKEN Served with roasted root vegetables, baby spinach, honey & mustard sauce	£11.95
PAN FRIED CHICKEN LIVERS Liver with bacon, spinach & red onion salad served with chips	£10.95	PAN FRIED CHICKEN With a white wine, mushrooms and cream sauce served with chips	£11.95
BANGERS & MASH Cumberland sausages, creamy mash, red onion and gravy.	£10.25	CHAR-GRILLED MEDITERRANEAN KOFTE Served with grilled tomatoes, peppers, mushroom, homemade chilli sauce, salad & rice	£11.95
CHAR-GRILLED MARINATED CHICKEN SKEWERS With rice, salad & homemade chilli sauce	£11.95	CHAR- GRILLED LAMB CHOPS Served with grilled tomatoes, peppers, mushroom,	£13.95
CHAR-GRILLED MARINATED CHICKEN WINGS Served with mixed salad, rice & homemade chilli sauce	£11.95	homemade chilli sauce, salad & rice CHAR- GRILLED LAMB CHOPS	£14.25
WARM CHICKEN SALAD With goat cheese, avocado, tomatoes, croutons & light mustard dressing	£11.95	With red wine sauce served with marinated Mediterranean vegetables & potato gratine	217123
POULET FARCI Chicken breast stuffed with spinach & ricotta cheese, wrapped with parma ham & served with mushroom sauce & sautéed potatoes	£12.95	PORK CHOPS Served with mixed seasonal vegetables, creamy mash potatoes and honey mustard sauce.	£11.95
CHAR-GRILLED MARINATED CHICKEN BREAST With rice, salad & homemade chilli sauce	£11.95	MIX MEZE Selection of hot & cold mezzes served with pitta bread & chilli sauce	£13.95



SIRLOIN STEAK 100Z	£16.45
Diagnor with garlie & harb butter corred with coutéed mixed vegetables & mushrooms and china	

Plain or with garlic & herb butter, served with sautéed mixed vegetables & mushrooms and chips

PEPPER STEAK 100Z
With delicious brandy sauce served with mixed fresh vegetables & roasted potatoes

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VEGETARIAN

CHAR-GRILLED MARINATED MEDITERRANEAN VEGETABLES With tomato & basil sauce and toasted goat cheese	£10.25	CHAR-GRILLED HALLOUMI SALAD With tomatoes, cucumbers, mixed olives, mixed leaves and virgin olive odressing		
VEGETABLE MOUSSAKA Layers of potatoes, aubergines, courgettes, mixed peppers & carrots	£10.95	FALAFEL Served with hummus dip, mixed leaves, gherkins and flat bread LYNN MIX VEG MEZE Selection of cold and hot mezes served with bread		
topped with feta cheese and béchamel served with homemade tomato sauce, mixed salad and rice				
BURGERS				
FRESH GROUND BURGER With melted cheddar, relish, mixed salad and curly chips	£12.95	FALAFEL BURGER (V) With hummus, tzatziki, red onions and chilli sauce served with salad and curly chips	£10.95	
CHAR-GRILLED CHICKEN BURGER With mature cheddar, garlicky field mushroom, red onions and mayonnaise served with mixed salad and curly chips	£11.95	HALLOUMI BURGER (V)(N) With marinated Mediterranean vegetables, sun dried tomato and pesto served with salad and curly chips	£10.95	
SEAFOOD				
SALMON FISH CAKES With sautéed fresh spinach, mustard dressing & chips	£11.95	CHAR-GRILLED FILLET SEA BASS Served with rocket & tomato salad with seasonal new potatoes	£13.95	
CHAR-GRILLED SALMON FILLET With seasonal new potatoes & mixed vegetables	£13.95	SAUTÉED MIX SEAFOOD King prawns, calamari, mussels, baby prawns, salmon sautéed with tomatoes, spring onions, white wine, garlic & lemon juice served	£14.95	
MARINATED FRESH CALAMARI SALAD With chillies and rocket salad	£12.95	with rice SEAFOOD CASSEROLE	£14.95	
SAUTÉED KING PRAWNS With spring onions, fresh tomatoes, garlic & lemon juice served with rice & toasted bread	£13.95	Calamari, mussels, king prawns, baby prawns, tuna & salmon fish cooked in an earthenware dish with fresh tomatoes & vegetables topped with melted mozzarella & cheddar served with rice	2202	
KING PRAWNS & BABY PRAWNS Cooked in earthenware dish with shallots red peppers white wine & cream sauce topped with melted mozzarella & cheddar served with toasted bread	£14.95	MUSSELS Fresh deep sea mussels steamed & cooked with white wine & onions with choice of fresh tomatoes or cream sauce served with chips	£12.95	
PASTA				
TAGLIATELLE & CHICKEN FILLETS With a white wine, mushrooms, rocket & cream sauce	£11.95	MUSHROOM & FRESH ASPARAGUS PASTA (V) Tagliatelle and cream mushroom, asparagus, sun blushed	£10.95	
SPAGHETTI BOLOGNESE With tomato sauce, minced beef, mushroom, onion, garlic, fresh basil, cheese on top	£11.95	tomato sauce and wild rocket SEAFOOD PASTA Spaghetti with king prawns, baby prawns, fresh calamari &	£12.95	
SPAGHETTI NAPOLITANA (V) With virgin olive oil, fresh basil leaves, fresh tomatoes topped with parmesan	£9.95	fresh mussels with a mild chilli, fresh tomato and garlic sauce SALMON TAGLIATELLE Chargrilled Salmon, with creamy mushroom and basil	£12.95	
SIDE ORDERS		sauce topped with parmesan.		
TOMATO & RED ONION SALAD CHIPS	£3.25 £2.45	SAUTÉED SPINACH SAUTÉED NEW POTATOES	£3.95 £3.95	
ROCKET & PARMESAN SALAD PLAIN OR GARLIC MASH MIXED SALAD GREEN SALAD RICE	£3.95 £2.45 £3.45 £3.25 £2.25	FRESH MIX VEGETABLES CURLY CHIPS GRATINE PLAIN OR GARLIC SAUTÉED MUSHROOM	£3.95 £3.25 £3.25 £3.45	

(v) Vegetarian (n) Contains Nuts