

SANDWICHES

BAGUETTE

The Italian

Beef carpaccio, parmesan shavings, rocket, pesto sauce and sun-dried tomatoes

The Frenchy

Ham, butter, lettuce, tomato, hazelnut oil

The Veggie

Veggie burger, curry sauce, rocket, sun-dried tomatoes

The Garlaban

Fresh goat's cheese, figs, honey, walnuts, lamb's lettuce

CLUB

The Bistro

Pastrami, gherkins, cheddar, tomato, lettuce, wholegrain mustard

The Bold

Turkey breast, guacamole, cranberries, tomato, coriander, lamb's lettuce

BURGERS

COLD

The New-Yorker

Brioche bun, pastrami, tomato, gherkins, wholegrain mustard, fried onions, lettuce

The Caesar

Brioche bun, breaded chicken, tomato, parmesan shavings, Caesar sauce

The Veggie

Brioche bun, veggie burger, red pesto, cheddar, tomato, lettuce

SALADS

The Full Works

Cubed ham, breaded chicken, hardboiled egg, emmental cubes, grated carrot, tomato, sweetcorn, lettuce

Caesar

Breadcrumbed chicken breast strips, parmesan shavings, Caesar sauce, croutons, sweetcorn, cucumber, tomato, lettuce

Power Bowl

Organic barley, chickpeas, carrot, cucumber, avocado, sweetcorn, breaded chicken, cherry tomatoes, mixed grains, cranberries

The Provencal (can be gluten free)

Organic pasta, summer vegetables, fresh goat's cheese, toasted pine nuts, black olives, cherry tomatoes

Norvegian (gluten free)

Basmati rice, smoked salmon, avocado, cucumber, red onion, cheery tomatoes and cottage cheese with hebs

Power Bowl (gluten free)

Lentils, chickpeas, carrot, cucumber, avocado, sweetcorn, crispy curry chicken, cherry tomatoes, cranberries

WRAPS

Salmon

Herby cream cheese, lettuce, smoked salmon, sweetcorn, avocado

Crispy chicken

Crispy chicken in breadcrumbs, parmesan shavings, lettuce, tomato, Caesar sauce

«Bagnat» style

Tuna spread, grated carrot, lettuce, hardboiled egg

SIDE DISHES

FOR SANDWICH, WRAP AND BURGER

Grated carrot with mixed grains and cranberries

Organic spelt salad (cucumber, carrot, cherry tomatoes, sweetcorn)

Mixed salad with lentils, carrots and curry

Tomato salad with cherry tomatoes, mozzarella and rocket

Organic barley salad (cucumber, cherry tomato, sweetcorn, carrot)

Pesto pasta salad

Antipasti of red peppers and chickpeas

Coleslaw with roast potatoes

DESSERTS

Fromage frais with a choice of

Honey muesli
Apricots
Chestnut cream
Mango and passionfruit
Red fruits
Raspberry
Muesli

Tart of your choice Lemon Lemon meringue Apple Pine nuts Raspberry jam Lupin Chocolate Brookie

Apple pure

Seasonal fresh fruit salad

CHILDREN'S MENU 14€ per person

MEAL DEAL 20€ per person

Sandwich (baguette or club) or Wrap or

Sandwich of your choice (baguette or club) + small side salad of your choice OR Wrap or Hamburger of your choice + small side salad of your choice OR

Dessert of your choice Drink (still or sparkling water)

Bottle of wine included

Mixed salad of your choice

Sandwich (baguette or club) or Wrap or Burger of your choice

+

Dessert of your choice

+

Drink