#  <br> Katie Dalýs <br> Bar \& Restaurant 

## VEGAN MENU

## SOUP

Tomato \& Basil served with a selection of Baked Breads
€5
(1,9)

## CHARGRILLED GARLIC OIL TOAST

served with Mixed Leaf Salad

## € 5

(1)

## SAUTEED MUSHROOMS

in White Wine, Roasted Garlic, Rosemary \& Thyme served with Chargrilled Garlic \& Herb Oil
Toast and Mixed Leaf Salad
€7
(1)

## SALADS/WRAPS

## COBB SALAD

Three Salads of the Day with a selection of Baked Breads.
(Please ask server for allergens)
Starter $€ 8 /$ Main $€ 12$

## SUPERFOOD SALAD/WRAP

Falafel, Beetroot Salsa, Roasted Broccoli, Butternut Squash, Lentils \& Mixed Garden
Leaves in Balsamic Dressing.
Salad €9/€13 Wrap €8

## MAINS

## FALAFEL BURGER

Falafel, Lettuce, Red Onion, Tomato, Mixed Baby Leaf Salad \& Relish served with Salad \& Fries

## €13

$(1,3,7,10)$

## JAPANESE NOODLE STIRFRY

Wok Fried Vegetables, Rice Noodles in a Spring Onion, Ginger and Soy Sauce.
€ 13.50
$(6,9)$

## MEXICAN FAJITAS

Stirfried Julienne Vegetables served with Guacamole, Salsa and a selection of
Wraps
€12.50
$(1,9)$

## BOLOGNESE

Vegan Bolognese, Roasted Vegetables \& Puy Lentils in a Rich Homemade Italian Sauce served with Garlic Bread.
$€ 13$
$(1,9)$

## DESSERTS

## BROWNIE/BLONDIE OF THE DAY <br> €6

(Please ask server for allergens)

LEMON DRIZZLE (1, 8, 12)
€ 5.50

SORBET

