

Jalfrezi (Hot)

Cooked with Sliced Onion, Green Peppers, Fresh Coriander in a Thick hot Sour Sauce.

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| Chicken Jalfrezi | €10.50 |
| Lamb or Beef Jalfrezi | €10.95 |
| Prawn Jalfrezi | €12.50 |
| Jumbo Prawn Jalfrezi | €14.50 |

Karai (Medium)

Cooked with Indian Herbs, Sliced Onion and Green Pepper, Fresh Ginger, Garlic & Coriander.

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| Chicken Karai | €10.50 |
| Lamb or Beef Karai | €10.95 |
| Prawn Karai | €12.50 |
| Jumbo Prawn Karai | €14.50 |

Chilli Masala (Hot)

Cooked with Fresh Green Chilli and Coriander in a Thick Sauce.

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| Chicken Chilli Masala | €10.50 |
| Lamb/Beef Chilli Masala | €10.95 |
| Prawn Chilli Masala | €12.50 |
| Jumbo Prawn Chilli Masala | €14.50 |

Vindaloo (Very Hot)

Cooked with Sliced Potatoes - A Superb Hot Dish.

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| Chicken | €10.50 |
| Lamb or Beef | €10.95 |
| Prawn | €12.50 |
| Jumbo Prawn | €14.50 |

Vegetables

| | main | side |
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| Aloo Gobi <i>Potatoes and cauliflower cooked in a thick sauce.</i> | €8.95 | €6.50 |
| Chana Bhuna <i>Chickpeas cooked with spring onions.</i> | €8.95 | €6.50 |
| Dall Tarka <i>Curried lentils.</i> | €8.95 | €6.50 |
| Bombay Aloo <i>Potatoes cooked with spring onion and fresh coriander.</i> | €8.95 | €6.50 |
| Chana Palak <i>Chick Peas cooked with curried spinach.</i> | €8.95 | €6.50 |
| Bhindi Bhajee <i>Okra sauteed with onions, tomatoes and fresh coriander.</i> | €8.95 | €6.50 |
| Mixed Vegetable <i>Vegetable cooked in medium curry sauce.</i> | €8.95 | €6.50 |
| Sagaloo <i>Potatoes cooked with chopped spinach.</i> | €8.95 | €6.50 |
| Mushroom Bhajee <i>Mushrooms sauteed with onions, tomatoes and fresh coriander.</i> | €8.95 | €6.50 |
| Vegetable Korma <i>Vegetable cooked with fresh cream and crushed nuts.</i> <i>Contains: almond & dairy.</i> | €9.50 | €6.95 |
| Sag Paneer <i>Spinach and Indian cottage cheese. Contains: dairy.</i> | €9.50 | €6.95 |
| Malai Kofta <i>Vegetables stuffed with home-made cheese, nuts, and cooked with thick fresh sauces. Contains: almond & dairy.</i> | €9.50 | €6.95 |

Sundries

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| Pilau Rice <i>Aromatic rice with Saffron.</i> | €2.50 |
| Boiled Rice <i>Plain Basmati Rice.</i> | €2.00 |
| Egg Fried Rice <i>Basmati Rice cooked with egg.</i> | €3.00 |
| Mushroom Pilau Rice <i>Mushrooms with Aromatic Pilau Rice.</i> | €3.00 |
| Naan Bread <i>All bread contains gluten.</i> <i>Leavened Bread.</i> | €2.00 |
| Garlic Naan <i>Leavened bread with Garlic.</i> | €2.95 |
| Peshwari Naan <i>Stuffed with Almond and Sultanas.</i> | €2.95 |
| Keema Naan <i>Stuffed with Mildly spiced Minced Lamb.</i> | €2.95 |
| Onion Kulcha <i>Stuffed with finely chopped onions.</i> | €2.95 |
| Afgani Naan <i>Leavened bread stuffed with mild peppers, onion and cheese.</i> | €2.95 |
| Parata <i>Unleavened bread with butter.</i> | €2.95 |
| Coriander Naan <i>Stuffed with chopped fresh coriander.</i> | €2.95 |
| Dhaka Puri <i>Fried Bangladeshi bread.</i> | €2.95 |
| Chapati <i>A wheat flour bread.</i> | €1.95 |
| Raitha <i>Whipped yoghurt with chopped cucumber and onions.</i> | €2.95 |
| Chips | €2.50 |
| Soft Drinks (Cans) | €1.50 |

Did You know?

Eastern Tandoori is the first in Ireland to have a stated policy on the following since its inception in 1985.

- No use of additives / preservatives / 'off-the-shelf-concoctions' in our kitchens.
- To exceed or surpass the EU health and hygiene requirements in our organisation.
- Groceries sourced from ISO 9002 quality system approved exporters as far as possible.
- Meats and vegetables sourced from HACCP-compliant suppliers only, for full traceability.
- Use of low-cholesterol poly-unsaturated oils to encourage 'healthy-heart'.
- Total focus on 'customer-delight', not just customer-satisfaction. 'We care, so that you can eat with confidence'.

If you wish to order any dish not listed on the menu, kindly advise us and we will try our best to accommodate you.

If you have any special dietary needs, e.g. celiac, gluten free, low sodium, nuts free, vegan etc., please advise us. Our chefs are fully 'au-fait' with such special diets and will suitably modify the dish to meet your specific requirements.

The average time for take away preparation is 20 minutes, however it may occur that on certain evenings this time may be slightly extended, please check with the order taker.

EASTERN TANDOORI

091 - 564818

091 - 564819



TAKEAWAY & DELIVERY MENU



OPENING TIMES

MONDAY - THURSDAY 5.00PM - 11.00PM
FRIDAY & SATURDAY 5.00PM - 11.30PM
SUNDAY 5.00PM - 10.00PM



www.eastern-tandoori-galway.com

2-3 Spanish Parade, Galway



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STARTER

Meat

| | |
|---|--------------|
| Samosa | €4.95 |
| <i>Pastry Stuffed with medium spiced minced chicken. Contains gluten.</i> | |
| Chicken Tikka Malai | €5.95 |
| <i>Breast of Chicken Tikka moist with thick creamy sauce. Contains almond & dairy.</i> | |
| Shish Kebab | €5.95 |
| <i>Spiced minced lamb and herbs delicately roasted on a skewer.</i> | |
| Chicken Tikka (Tandoori) | €5.50 |
| <i>Succulent pieces of chicken breast marinated and grilled in tandoori oven. Contains dairy.</i> | |
| Boti Kebab | €5.50 |
| <i>Diced lamb marinated in yoghurt, added herbs and spices. Contains dairy & mustard.</i> | |
| Chicken Shashlik Kebab | €5.50 |
| <i>Chunky pieces of chicken breast mildly spiced, roasted on a skewer with pieces of vegetables. Contains mustard.</i> | |
| Tandoori Murgi | €5.50 |
| <i>Spring chicken with bone marinated with herbs and spices, then grilled in Tandoori oven. Contains dairy.</i> | |
| Eastern Delight | €9.95 |
| <i>An assortment of tandoori specialities. Contains mustard & dairy.</i> | |

Seafood

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| Prawn Puri | €6.95 |
| <i>Pan fried tiger prawns with deep fried bread.</i> | |
| Jumbo Prawn Butterfly | €6.95 |
| <i>Jumbo prawn marinated and deep fried in special Indian batter.</i> | |

Vegetarian

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| Samosa | €4.95 |
| <i>Pastry stuffed with vegetables and deep fried. Contains gluten.</i> | |
| Onion Bhagee | €4.50 |
| <i>Chopped onions and ground lentil mixed with herbs, spices and deep fried.</i> | |
| Vegetable Pakora | €4.50 |
| <i>Finely sliced vegetables deep fried in a mildly spiced Indian batter.</i> | |
| Vegetable Kebab | €4.50 |
| <i>Stuffed with vegetables deep fried in a mildly spiced Indian batter.</i> | |
| Delicacy of Bengal | €8.50 |
| <i>An assortment of vegetables specialities.</i> | |

Chefs Recommendation

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| Khazana (Chicken/Lamb) | €10.95 |
| <i>Chicken/Lamb tikka with onion, green pepper, almond and coconut powder with a spicy masala sauce. Contains: dairy & almond.</i> | |
| Korma (Chicken/Lamb) | €10.95 |
| <i>Marinated chicken breast or leg of lamb, mildly spicy, cooked with almond powders and fresh cream. Contains: dairy & almond.</i> | |
| Tikka Masala (Chicken/Lamb) | €10.95 |
| <i>Charcoal grilled chicken breast or lamb cooked in thick creamy sauce with saffron. Contains: dairy & almond.</i> | |
| Tandoori Makhan (Butter) Chicken | €11.50 |
| <i>Tandoori Chicken pieces cooked in fresh cream and butter sauce, with almond powder and saffron. Contains: dairy & almond.</i> | |
| Murgi Masalam | €13.50 |
| <i>Tandoori Chicken pieces, diced lamb, egg cooked in tempting thick sauce, fresh cream and saffron. Contains: dairy & almond.</i> | |
| Tandoori Jumbo Prawn Masala | €15.95 |
| <i>Jumbo Prawns marinated, mildly spiced, roasted and cooked in thick creamy Tandoori sauce. Contains: dairy & almond.</i> | |
| Tandoori Chicken Garlic Chilli (HOT) | €11.50 |
| <i>Charcoal grilled chicken breast, cooked with green chilly, onion and fresh garlic chopped in a sauce. Contains: dairy.</i> | |
| Pasanda (Chicken or Lamb) | €10.95 |
| <i>Lean pieces of chicken or lamb, cooked in an almond sauce with fresh cream, highly flavoured with fruit. Contains: dairy.</i> | |
| Chicken Tikka Malai | €10.95 |
| <i>Breast of chicken Tikka moist with thick creamy sauce. Contains: dairy.</i> | |

Biryani Specialities

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| Lamb Biryani | €14.50 |
| <i>Basmati rice, cooked together with meat and flavoured saffron and mild oriental spices, garnished with sliced almond, served with vegetable curry.</i> | |
| Chicken Biryani | €13.95 |
| <i>Basmati rice, cooked together with chicken and flavoured saffron, mild oriental spices, garnished with sliced almond, served with vegetable curry.</i> | |
| Prawn Biryani | €14.95 |
| <i>Basmati rice, cooked together with prawns and flavoured saffron, mild oriental spices, garnished with sliced almond, served with vegetable curry.</i> | |
| Vegetable Biryani | €12.50 |
| <i>Basmati rice, cooked together with vegetables and flavoured saffron, mild oriental spices, garnished with sliced almond, served with vegetable curry.</i> | |
| Special Biryani | €15.95 |
| <i>Tender diced lamb, spring chicken, prawn, cooked with basmati rice and topped with sliced almond and omelette, served with vegetable curry.</i> | |

Tandoori Main Courses

All the Tandoori Dishes are marinated with Special Spices and grilled in the Clay Oven

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| Bara Kebab | €10.50 |
| <i>Barbequed pieces of lamb, which melt in the mouth. The meat is left to marinate in yoghurt, papaya and spices overnight to give the meat its soft texture and, to bring out all the aroma of the added herbs and spices. Contains: mustard & dairy.</i> | |

100% IRISH LAMB and BEEF

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| Tandoori Murgi (leg) | €9.95 |
| <i>Spring chicken marinated in yoghurt, with delicate herbs and spices, cooked in charcoal in a clay oven. Contains: dairy.</i> | |
| Tandoori Chicken Tikka | €9.95 |
| <i>Succulent pieces of chicken breast marinated and grilled in Tandoori oven. Contains: dairy.</i> | |
| Tandoori Jumbo Prawn | €14.95 |
| <i>Jumbo prawn, marinated and spiced, cooked over charcoal on skewers.</i> | |
| Chicken Shashlik Kebab | €9.95 |
| <i>Chunky pieces of Chicken Breast served with onion and peppers. Contains: mustard.</i> | |
| Special Tandoori Mixed | €15.95 |
| <i>Tandoori murgli, chicken shashlik kebab, boti kebab, shish kebab, tandoori jumbo prawns and chicken tikka. Contains: dairy, mustard, prawn.</i> | |

Bhuna (Medium)

A very popular Indian Medium Spicy Dish cooked with spring onion, herbs, fresh coriander and tomato.

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| Chicken Bhuna | €10.50 |
| Lamb/Beef Bhuna | €10.95 |
| Prawn Bhuna | €12.50 |
| Jumbo Prawn Bhuna | €14.50 |

Rogan Josh (Medium)

An Excellent Dish cooked with Fresh Herbs, Spices and Aromatic Rogan Chillies.

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| Chicken Rogan Josh | €10.50 |
| Lamb/Beef Rogan Josh | €10.95 |
| Prawn Rogan Josh | €12.50 |
| Jumbo Prawn Rogan Josh | €14.50 |

Piazza (Medium) **Contains: nuts.**

Cooked with Onions, Cashew Nuts, Herbs and Spices in Thick Sauce.

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| Chicken Piazza | €10.50 |
| Lamb or Beef Piazza | €10.95 |
| Jumbo Prawn Piazza | €14.50 |

Balti (Medium Spicy) **Contains: almond & dairy.**

An Authentic Punjabi Dish cooked in Thick Medium Spicy Sauce. A recommended dish.

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| Chicken Balti | €10.50 |
| Lamb or Beef Balti | €10.95 |
| Prawn Balti | €12.50 |
| Jumbo Prawn Balti | €14.50 |

Madras (Very Hot)

This Dish is very popular in South India prepared with Chilli Powder and Fresh Lemon in Spicy Sauce.

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| Chicken Madras | €10.50 |
| Lamb or Beef Madras | €10.95 |
| Prawn Madras | €12.50 |
| Jumbo Prawn Madras | €14.50 |