

# INTERCONTINENTAL TREATMENT





# **BODY MASSAGE**

# Vietnamese Massage

60 minutes / 80 minutes

This tradition Vietnamese oil massage with pressure point technique and invigorating movement to warm and relax muscle tissue, warm suction cup are placed on the back to aid muscle relaxation and improve blood circulation.

### Relaxing Massage

60 minutes / 80 minutes

Using long, slow stroking movement will full aromatherapy body massage and scalp therapy including face reflexology.

# Oriental Massage

60 minutes / 80 minutes

The integrative oriental touch of full body treatment includes the scalp, hands and feet with acupressure and stretching technique. Popular for those who feel like firmer pressure.

# **THFRAPY**

#### Foot Reflexology

60 minutes

Acupressure is based on the principle that reflex points the feet correspond to every part of body. This treatment stimulates the body's healing, relieves tension, and helps promote total well being.

### Scalp Therapy

30 minutes

This treatment begin with a fingertip therapy for your hair and scalp to ease headaches and tension relaxation.

#### Foot Therapy

30 minutes

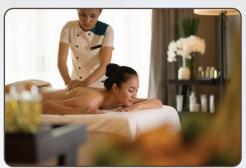
Foot therapy is stimulating the body's own healing processes, concentrated to zones on the feet that correspond to all parts of your body organs.



# INTERCONTINENTAL BEAUTY CARE

# PACKAGES (3 hours)

Body scrub (choose any scrub on the menu) - 30 minutes
Body massage (choose one massage) - 60 minutes
Facial treatment - 60 minutes
Scalp or foot massage - 30 minutes





# SIGNATURE FACIAL

# Softening for Dry Skin

60 minutes

Restore skin's structure and function, while rebalancing the natural oil production and lipid formulation.

#### Soothing for Sensitive Skin

60 minutes

Specially formulated to strengthen the skin's immunity and reduce its sensibility

### Professional Clarifying for Oily Skin

60 minutes

An original concept in the treatment of oily, problematic & blemished skin. Concentrated formulas featuring tea tree oil, glycolic and salicylic acids offer multi-benefits to reduce oil, absorb impurities, exfoliate, soothe and balance the skin. The result is a radiant, clear complexion.

#### Revitalizing for Normal to Combination Skin

60 minutes

Normal skin has a fine, smooth texture with a supple and even complexion. There can be an imbalance of oil or dry in certain areas. The pores are small except on the oily T-zone where they can sometimes be dilated and become whiteheads/blackheads.

## Anti -Aging [C] Collagen Hyaluronique™

90 minutes

This customized anti-aging facial packs a powerful punch of peptides, antioxidants, firming collagen and hyaluronic filling agents. Reveal a more youthful skin as if you have turned back the hands of time. A mineral microdermabrasion of volcanic rock and salicylic acid will prepare the skin to receive the "injection –like" effects of our wrinkle filling serums. Continue with slightly move on your face with our patented elasticity revealer followed by a collagen lifting mask to plump and repair the skin. The results – look years younger.



# INTERCONTINENTAL BEAUTY CARE

# SIGNATURE FACIAL

# Energizing Intensive Treatment with Siberian Ginseng

90 minutes

This intensive treatment with Siberian Ginseng envelops the skin in a wave of light to reveal a youthful, glowing complexion. Following a thorough cleanse & enzymatic exfoliating scrub with pineapple extract, a specific digi-energy signature stimulates the flow of Chi. Layers of frothy hyaluronic acid and a peel-off Vitamin C mask give the skin a boost of vitality. To complete this one-of-a-kind facial, our Enlightening fluid brings instant lifting and smoothing results to the skin.

# **BODY CARE**

## Exfoliation with Gentle Sugar, Sea Salt and Optional Oil

50 minutes

A customized and unique body ritual with delicate aromas to provide total relaxation and a complete sensorial experience. The ritual begins with an invigorating sugar and salt body exfoliation for velvety smooth skin. Complete the journey with a relaxing therapy based on your choice of essential oil. Choose between the fresh and floral scent of Lemon & Petit grain, the sweet and musky scent of Orange Blossom & Cedar wood or the warm and woody scent of Vanilla and Sandalwood.

## Cinnamon & Ginger Delicious Body Scrub

50 minutes

An exotic exfoliation option that is good enough to eat! Delicious spices and essential oils of Ginger, Nutmeg, Orange and Cinnamon veil the body following the removal of this marvelous marmalade. Silky skin prevails.

## Sun Burn Body Care

60 minutes

Soothing aloe Vera is applied to moisturize and encourage new cell growth when you have a sunburn skin.

## Revitalizing Bath Salts (prior reservation required)

45 minutes

Relaxing time with Natural Sea Salts, fresh and invigorating sensation.

Deluxe Manicure 60 minutes

Your nail will be shape and your cuticle tidies and hydrated, followed by hands and arms therapy with a nourishing cream to restore natural moisture and improve the texture of your skin. Nail varnish is applied on request.

Deluxe Pedicure 60 minutes

Transform your feet with our nail and cuticle care, then relax and enjoy the foot and lower leg therapy. Nail varnish is applied on request.

