

CONFERENCE MENU

meetings made to measure





Breakfast Options

Dieakiast Options	
Oven Baked Jambon with Ham & Cheese Filling	€4.75
Irish Pork Sausage Rolls	€4.25
Full Irish Breakfast	€15.00
Oven Baked Bagel with Light Scrambled Egg & Bacon	€6.95
(Replace bacon with Irish Smoked Salmon +€2 supplement)	
Poached Eggs Benedict, Toasted Bagel,	
Baby Spinach & Hollandaise Sauce	€6.50
Toasted Brioche Bun with Crispy Bacon,	
Beef Tomato, Black Pudding, Relish & Baby Leaves	€6.50
Oven Baked Mini Croissants filled with Honey	
Baked Ham & Swiss Cheese	€5.90
Refreshment Options	
Tea/Coffee	€3.00

Tea/Coffee	€3.00
Tea, Coffee & Freshly Baked Homemade Cookies	€3.95
Tea, Coffee & Homemade Scones, Butter,	
Preserves & Dairy Cream	€4.85
Tea, Coffee & Freshly Baked Swiss	
Mini Pastry Selection	€4.85
Tea, Coffee & Fresh Mini Muffins	€4.85
Tea, Coffee & Caramel Shortbread or Belgian Brownie	
or Hazelnut Square	€5.10
Multi Grain Cereal Bars	€3.95
Fresh Granola, Toasted Oatmeal	€4.00
Seasonal Fruit, Berry Skewers	€3.65
Fresh Berry Smoothies	€4.75
Homemade Lemonade	
(Cost per jugs of 10x glasses)	€10.00
Juice Mix of Orange,	
Cranberry & Pineapple	
(Cost per jugs of 10x glasses)	€10.00
Soft Drinks (charged as per consumption)	€3.00

Lunch Options

Sandwich Selection

Selection of Hand Cut Sandwiches, Tea & Coffee €10.95

Selection of Hand Cut Sandwiches, Fruit Skewers

with Tea & Coffee €11.95

Homemade Soup, Freshly Cut Sandwiches, Tea & Coffee €13.95

Lunch Paddles

Homemade Soup, Freshly Cut Sandwiches with two of the below sides: €13.95

- Beef or Chicken Sliders
- Spicy Meat Balls
- Lamb Kofta
- BBQ Chicken Wings
- Salmon Cakes
- Piri Piri Chicken Salad
- Mushroom Risotto Cakes
- Mini Vegetarian Burger
- Potato & Beetroot Cake
- Sweet Potato Fries

Street Food Served Bowl Style

Choose three of the following dishes: €14.95

- Chicken Curry with Basmati Rice
- Sweet & Sour Pork or Chicken with Basmati Rice
- Chicken, Prawn or Pork Stir-Fry Noodles
- Braised Beef Guinness Pie
- Beef Cottage Pie





A La Carte Lunch - Mayfly Restaurant

Soup of The Day Plo	ease ask server	€6.50
Roast of The Day Please ask server		€12.95
Catch of The Day Please ask server		€12.95
Coconut Vegetable	-	€12.95
Add Chicken €3.00	ickpeas & Naan Bread Add beef €3.50	Add Prawn €4.00
Breaded Chicken Escalope Creamed Potatoes, Seasonal Vegetables & Peppercon		€12.95 eppercorn Sauce
Traditional Beef Stew Guinness Bread		€11.95
Classic Caesar Sala	d	€10.95

Anchovies, Crispy Bacon & Sourdough Croutons

Add Grilled Chicken Breast €3.00