

Lough Eske Castle Breakfast Menu

Fruit Juices

Squeezed Orange juice, Cranberry Juice, Apple Juice, Carrot Juice

Cereals, Porridge, Fresh Fruit & Yogurt

Weetabix, Rice Crispies, All Bran Flakes, Corn Flakes, Granola 1

Honey & Cinnamon Porridge 10

Pineapple, Melon, Orange, Grapefruit

Natural Yogurt, Strawberry Yogurt 7

Live Station & Full Irish Breakfast

Smoked Bacon, Irish Sausage, Grilled Tomato, Sauté Mushrooms, Black & White Pudding, Scrambled Egg

A La Carte

Grilled Kippers 400 Lemon, Cappers, Brown Butter Please allow 15 minutes

Lough Eske Egg Benedict 09700

Poached Eggs on a Savoury Muffin, Cooked Ham & Hollandaise sauce

Eggs Royal 134700

Poached Eggs on a Savoury Muffin, Smoked Salmon & Hollandaise Sauce

Eggs Florentine 13700

Poached Eggs on a Savoury Muffin, Spinach & Hollandaise Sauce

Vegetarian **137**

Vegetarian Sausage, Grilled Tomato, Mushrooms, Homemade Bean Cassoulet, Poached eggs

Charcuterie & Donegal Smoked Salmon 4

Selection of Pastries 137

Croissants, Danish, Breakfast Muffin, Bread & Butter Pudding

GLUTEN FREE

To avoid any contaminations at the live stations. All orders will be freshly prepared in the kitchen. Items are replaced with gluten free ingredients, but please note that our kitchen is not a gluten free environment

ALLERGENS Gluten 1 Crustaceans 2 Eggs 3 Fish 4 Peanut 5 Soy 6 Milk 7 Nuts 8 Celery 9 Mustard 6 Sesame 6 Sulphur Dioxide 2 Lupin 6 Molluscs 6

€26 for full selection including your hot beverage buffet and menu selection