

	DAIRY	EGG	GLUTEN	SOY	NUTS	ONION	GARLIC	SESAME	SHELLFISH
BURGERS									
BARE BETTY	x	x	o	x	o	x	x	o	o
BETTY'S CLASSIC	x	x	x	x	o	x	x	o	o
BETTY'S CLASSIC VEGAN	o	o	o	x	o	x	x	x	o
BETTY'S DOUBLE	x	x	x	x	o	x	x	o	o
CHICKEN SUPREME	x	x	x	x	o	x	x	o	x
CRISPY CHICKEN	x	x	x	x	o	x	x	o	x
GRILLED CHICKEN	x	x	x	x	o	x	x	o	o
GRILLED MUSHROOM	x	x	x	x	o	o	x	o	o
KIDS BEEF	x	x	x	x	o	o	x	o	o
KIDS CHICKEN	x	x	x	x	o	o	x	o	x
KITCHEN'S BURGER	x	x	x	x	o	x	x	o	x
NOOSA SURF CLASSIC	x	x	x	x	o	x	x	o	x
SHROOM BURGER	x	x	x	x	o	x	x	o	x
SPICY CHICKEN	x	x	x	x	o	x	x	o	x
BURGER BUN	x	x	x	o	o	o	o	o	o
VEGAN BUN	o	o	o	o	o	o	o	o	o
EXTRAS									
CHEESE	x	o	o	x	o	o	o	o	o
BACON	o	o	o	o	o	o	o	o	o
BEEF PATTY	o	o	o	o	o	o	o	o	o
CRISPY CHICKEN	o	x	x	o	o	o	x	o	x
CRISPY STRIPS	o	x	x	o	o	o	o	o	x
FRENCH FRIES	o	o	o	o	o	o	o	x	o
FRIED EGG	o	x	o	o	o	o	o	o	o
FRIED PRAWNS	o	o	x	o	o	o	o	o	x
GRILLED CHICKEN	o	x	o	o	o	o	x	o	o
GRILLED MUSHROOM	o	o	o	o	o	o	o	o	o
ONION RINGS	x	x	x	x	o	x	o	o	x
SHROOM PATTY	x	x	x	x	o	o	x	o	x
SMASHED AVOCADO	o	o	o	o	o	o	o	o	o
VEGAN PATTY	o	o	o	x	o	x	x	x	o
SAUCES									
BBQ SAUCE	o	o	o	o	o	o	x	o	o
BETTY'S SAUCE	o	x	o	x	o	o	x	o	o
FRENCH'S MUSTARD	o	o	o	x	o	o	o	o	o
GARLIC MAYO	o	x	o	x	o	o	x	o	o
PLAIN MAYO	o	x	o	o	o	o	o	o	o
SRIRACHA MAYO	o	x	o	x	o	o	x	o	o
TOMATO SAUCE	o	o	o	o	o	x	x	o	o
VEGAN SPICY MAYO	o	o	o	o	o	o	o	o	o
SALAD									
BETTY'S GARDEN SALAD	o	o	o	o	o	x	o	o	o
RED WINE DRESSING	o	o	o	o	o	o	o	o	o

	DAIRY	EGG	GLUTEN	SOY	NUTS
ICE CREAM RECIPES					
CHOCOLATE HAZELNUT DONUT	x	x	x	x	x
COOKIE BUTTER	x	x	x	x	o
LEMON RASPBERRY CHEESECAKE	x	x	x	x	o
KIDS ICE CREAMS - M&Ms	x	x	x	x	o
KIDS ICE CREAMS - MALTESERS	x	x	x	x	o
KIDS ICE CREAMS - MERINGUE	x	x	o	o	o
MIX INS					
BISCOFF COOKIES	o	o	x	x	o
CARAMEL SAUCE	o	o	o	x	o
CINNAMON SUGAR	o	o	o	o	o
COOKIE BUTTER	o	o	x	x	o
FROZEN CUSTARD (VANILLA & CHOC)	x	x	o	o	o
GINGER CRUMBLE	x	x	x	x	o
GLAZED DONUT	x	x	x	x	o
HAZELNUT CRUMBLE	x	o	x	o	x
LEMON CURD	x	x	o	o	o
M&M'S	x	o	x	x	o
MALTESERS	x	x	x	x	o
MERINGUE	o	x	o	o	o
NUTELLA	x	o	o	x	x
NY CHEESECAKE	x	x	x	o	x
PEANUT BUTTER CUPS	x	o	o	x	x
RASPBERRIES	o	o	o	o	o
STRAWBERRY SAUCE	o	o	o	x	o
WHIPPED CREAM	x	o	o	o	o
THICK SHAKES					
CARAMEL	x	x	o	x	o
CHOCOLATE	x	x	o	o	o
CHOCOLATE PEANUT BUTTER	x	x	o	o	x
STRAWBERRY	x	x	o	x	o
VANILLA	x	x	o	o	o
PEANUT BUTTER	x	x	o	o	x
TAKE HOME ICE CREAM TUBS					
COCONUT VELVET	x	x	x	x	o
RICH BROWNIE	x	x	x	x	o
LAMINGTON	x	x	x	x	o

x = The product contains or may contain allergen
 o = May contain traces. The above allergens are not present in this item; however, these allergens are present in some of our supplier products at a manufacturing level.

Betty's Burgers restaurants will endeavour to provide an allergen-free product for its guests; however, Betty's cannot guarantee that these items will be free from traces of these allergens due to potential cross contamination that may occur in restaurant and via our supply chain. If you have an allergy to a specific product, please alert our restaurant team.