chop-chop bowls	small	large
original chop-chop° chopped chicken breast served over yellow rice with your choice of sauce	6.49	8.49
deluxe chop-chop° chopped chicken breast, lettuce & tomato served over yellow rice	7.39	9.39
cuban chop-chop° chopped chicken breast, lettuce, tomato & black beans served over yellow rice	7.59	9.59
mexican chop-chop° chopped chicken breast, lettuce, tomatoes, black beans, sour cream & cheese over yellow rice	9.19	11.19
bazooka chop-chop° our mexican chop-chop plus guacamole an explosion of flavors in your mouth!	9.99	11.99
no-carb chop-chop° chopped chicken breast served over a bed of lettuce or romaine & diced tomatoes	7.39	9.39
asian chop-chop° our tangy teriyaki chicken thighs, lettuce, tomato, scallions & sesame seeds over yellow rice	8.39	10.39
teriyaki chop-chop° our tangy teriyaki chicken thighs served over yellow rice	7.19	9.19
vegetarian chop-chop° lettuce, tomato, black beans, sour cream, guacamole & cheese over y	7.59 yellow rice	9.59
salads	just plain	with chicken
garden salad mixed greens, tomato, cucumbers, peppers & shredded carrots	6.19	9.19
caesar salad romaine lettuce, croutons & parmesan cheese served w/ caesar dressing	6.19	9.19
make your own salad	6.19	9.19

dressings

customize your own favorite salad (start with 4 free basic toppings)

balsamic vinaigrette - caesar - pink vinaigrette - creamy italian lemon shallot vinaigrette - balsamic or wine vinegar - olive oil

our fresh (never frozen) grade-A chicken is raised on an all natural diet of grains without any hormones or antibiotics which results in a much healthier & superior tasting product

wrapito

deluxe wrapito° chopped chicken breast, lettuce & tomato served over yellow	7.39
cuban wrapito° chopped chicken breast, lettuce, tomato, black beans, yellow rice & choice of sauce in a tortilla	7.59
caesar wrapito° chopped chicken breast, romaine lettuce, parmesan chesse & caesar dressing in a tortilla	7.69
mexican wrapito° chopped breast, lettuce, tomato, black beans, sour cream, cheese & yellow rice in a tortilla	9.19
bazooka wrapito° our mexican chop-chop plus guacamole in a tortilla an explosion of flavors in your mouth!	9.99
no-rice wrapito° chopped chicken breast, lettuce, tomato & choice of sauce in a tortilla	7.39
vegetarian wrapito° lettuce, tomato, black beans, sour cream, guacamole, cheddar cheese & yellow rice in a tortilla	7.59

grilled chicken breast	small	large
chopped chicken breast platter chopped chicken breast served on a platter with your choice of 2 small side orders	9.59	12.59
single chicken breast platter a single half chicken breast served on a platter with your choice of 2 small side orders	11.99	
chopped chicken breast only your choice of a small or large side of chopped chicken breast	7.99	15.99
single/double chicken breast only your choice of single or double grilled chicken breast	8.99	17.99

family meals	just plain	with chicken
family feast for 4 (save \$15) choose any 4 entrées (chop-chop, wrapito or any of our salads 4 brownies & 4 drinks)	42.99
double chicken breast family meal (feeds 2 a full chicken breast served w/ your choice of 2 large side orders & 3 signature sauces		23.99
family-size cheesadilla tray (feeds 4-5) 12 slices of our plain or chicken cheesadilla served in a catering	24.99 tray	34.99

w/ sour cream & fresh salsa

cheesadilla®

plain cheesadilla° melted cheddar cheese in a grilled tortilla served w/ side of sour cream & fresh salsa		6.19
chicken cheesadilla° chicken breast & cheese in a grilled tortilla served w/ side of sour cream & fresh salsa		8.79
healthy kids meals	just plain	with chicken
original mini-chop° chopped chicken breast served over yellow rice and a small kids o	Irink	5.49
teriyaki mini-chop° our tangy teriyaki chicken thighs served over yellow rice and a sma	all kids drink	5.49
cheesadilla kids meal* melted cheddar cheese in a grilled tortilla and a small kids drink	5.69	7.69
side orders	small	large ——
balsamic tomatoes	2.79	4.79
corn mix/corn kernels	2.79	4.79
baked sweet plantains	2.79	4.79
steamed broccoli	2.79	4.79
coleslaw	2.79	4.79
mashed potatoes	2.79	4.79

drinks

black beans yellow rice

brown rice

fresh guacamole

baked sweet potato

soda cans (pepsi, diet pepsi, sierra mist)	1.99
spring valley bottled water	1.89
various bottled beverages	2.79

2.79

1.99

2.69

6.49

4.79

3.59

4.99

11.99

3.49



Chicken Kitchen[®] **CATERING**





PARTY SIZE (feeds 8-10) **FAMILY** SIZE (feeds 4-5)

large format bowls	family size	party size
original chop-chop° chopped chicken breast served over yellow rice w/ your choice of sauce	26.99	52.99
deluxe chop-chop° chopped chicken breast, lettuce & tomato served over yellow rice	29.99	59.99
cuban chop-chop ° chopped chicken breast, lettuce, tomato & black beans served over yellow rice	32.99	62.99
bazooka chop-chop° our mexican chop-chop plus guacamole an explosion of flavors in your mouth!	39.99	79.99
mexican chop-chop° chopped chicken breast, lettuce, tomatoes, black beans, sour cream & cheese over yellow rice	36.99	73.99
asian chop-chop° our tangy teriyaki chicken thighs, lettuce, tomato, scallions & sesame seeds over yellow rice	33.99	67.99
garden salad mixed greens, tomato, cucumbers, shredded carrots & peppers	36.99	73.99
caesar salad romaine lettuce, croutons & parmesan cheese served w/ caesar dressing	36.99	73.99

BIRD & LUDLAM

6786 Bird Road Miami, FL 33155 (786t) 332-4770

CORAL GABLES

111 Miracle Mile Coral Gables, FL 33134 (305) 442-7555

CORAL REEF

15053 S Dixie Hwy Palmetto Bav. FL 33176 (305) 238-4242

COUNTRY WALK

15812 SW 137 Avenue Miami, FL 33175 (305) 234-0053

DORAL

9741 NW 41st St Doral, FL 33178 (305) 599-1811

DOWNTOWN MIAMI

146 NE 2nd Avenue Miami, FL 33132 (786) 580-3141

KENDALL

9067 SW 107th Ave Miami, FL 33176 (305) 598-8666

LEJEUNE & US-1

400 S Dixie Hwy Coral Gables, FL 33146 (305) 669-2099

MIAMI BEACH - 41 ST

524 Arthur Godfrey Rd Miami Beach, FL 33140 (305) 531-1888

FIU

10550 SW 8th St Miami, FL 33174 (786) 953-6192

MIAMI BEACH - SOBE

1509 Alton Road Miami Beach, FL 33139 (305) 674-9007

MIAMI LAKES

15221 NW 67th Ave Miami Lakes, FL 33014 (305) 826-5656

NORTH MIAMI

13507 Biscayne Blvd North Miami, FL 33181 (305) 919-9992

PEMBROKE PINES

2014 N Flamingo Rd Pembroke Pines, FL 33028 (954) 430-3555

PINECREST

11403 S. Dixie Hwy Miami, FL 33156 (305) 278-2800

PLANTATION

6985 W Broward Blvd Plantation, FL 33317 (954) 583-4947

SOUTH MIAMI

7315 Red Rd South Miami, FL 33146 (305) 669-0099

WEST BIRD

11425 SW 40th St Miami, FL 33165 (305) 229-0222

WEST FLAGLER

8754 W Flagler St Miami, FL 33174 (305) 223-2320







