BREAKFAST

		BENEDICT	18.9	GRILLED CHICKEN BURGER	19.9
TOAST	7.0	Grilled bacon, poached eggs, asparagus, hollandais		Chicken breast, Swiss cheese, avocado, tomato rel	
Sourdough, multigrain or ciabatta toast with by your choice of house made strawberry & rhub	outter and	sauce on toasted sourdough served with a side of h made hash brown	nouse	roquette, tomato and chipotle mayonnaise in a cho bun served with fries	arcoal
marmalade, peanut butter or vegemite	.40	CRUSHED AVOCADO	18.9	ANGUS BEEF BURGER	19.9
Gluten-free toast Fruit toast	+1.0 +1.0	Smashed avocado, medley tomatoes, marinated go	ats	Victorian grass fed angus beef patty, cheddar chee	
Truit toust	. 1.0	cheese, dukkha, radish, quinoa and pomegranate or	า	tomato, bacon, tomato relish, aioli and roquette in o	
BIRCHER MUESLI	13.5	ciabatta bread with poached eggs (V)		brioche bun served with fries	
Overnight soaked rolled oats with apple juice		THE ATLANTIC	19.5	THAI BEEF SALAD	100
with honey, cinnamon infused yoghurt, strawb	erries,	House made hash topped with smashed avocado,	17.5	Marinated beef strips, crispy noodles, cabbage, car	19.9 rrot
passionfruit, crushed nuts and seeds (V)		smoked salmon, poached eggs, hollandaise, roquett	te,	red capsicum, cashews, sweet potato shavings and	
ACAI BOWL	13.9	parmesan and snow pea tendril salad (GF)		house made Thai dressing	
Amazon organic acai berry blended with mixe					
and almond milk topped with toasted coconut		MR BIG	20.9	QUINOA SALAD	18.9
crushed nuts, chia seeds and fresh berries (VE	E, GF)	Grilled bacon, rosemary and thyme mushrooms, cho roasted tomato, spinach, house made hash, and	orizo,	Roasted vegetables, quinoa, roquette, walnuts, see	ds,
	44.0	poached eggs served with sourdough toast		pomegranate, feta cheese, balsamic vinaigrette, cranberries and extra virgin olive oil (V, GF)	
BANANA BREAD FRENCH TOAST Homomado banana broad French toast with	16.9			Add Chicken	+3.0
Homemade banana bread French toast with mascarpone, mixed berries, passionfruit, crush	ned nuts	EGGS ANY STYLE	9.9		
cinnamon sugar and maple syrup (V)	ica riacs,	Poached, scrambled or fried on sourdough toast (V)		BOWL OF FRIES	8.0
		Why not add a delicious side from our extras below.		Served with tomato sauce	
NUTELLA HOTCAKE	17.5	EXTRAS		BOWL OF WEDGES	10.0
Fluffy ricotta hotcake with nutella mascarpon		Smoked Salmon / Chorizo / Bacon / Avocado /		Served with sweet chilli sauce & sour cream	10.0
pistachio, fresh berries, Persian fairy floss and	maple	Goats cheese	4.5	ocived with sweet crimi sadde & sour cream	
syrup (V)		Halloumi cheese / House Made Potato Hash		KIDS	
BREKKIE BUN	16.9	Asparagus / Spinach / Mushroom / Tomato / Egg	3.5	KID3	
Fried egg, bacon, avocado, tasty cheese, spind					
tomato relish in a brioche bun with a side of o	nion rings	LUNCH		RICOTTA PANCAKES	9.0
THE VEGETARIAN	18.5			Served with vanilla ice cream, fresh berries and ma	ple
House made potato hash, roasted tomato, ros		NASI GORENG	17.9	syrup	
thyme mushroom, avocado, halloumi cheese, s		Fried rice with nasi sauce, cabbage, chilli, garlic, bec	n	EGG & BACON	9.0
poached eggs served with toasted multigrain		sprouts, crispy shallots and a fried egg (V) Add Chicken	+3.0	Your choice of scrambled, poached or fried egg ser	
		Add Chicken	+3.0	with bacon on toast	
BREKKIE BRUSCHETTA	17.9	PRAWN & CHORIZO SPAGHETTI	19.9		
Pan fried mushroom, tomato, halloumi cheese, asparagus and basil pesto on toasted ciabatt		Pan seared prawns, premium chorizo, zucchini, garlic	c and	SPAGHETTI NAPOLI	11.9
and poached eggs (V)	ta bread	chilli in a white wine sauce with parmesan, paprika o	oil	Napoli sauce with parmesan cheese and fresh bas	11
		and roquette		CHICKEN SCHNITZEL & CHIPS	11.9
SWEET POTATO & PUMPKIN FRITTERS	17.5	FISH & CHIPS	19.9	Crumbed chicken breast schnitzel served with chip	
Smashed avocado, tomato relish, poached eg	~	Beer battered fish fillets, chips, lemon, and tartare s		tomato sauce	
salad of roquette, medley tomato and crispy s		served with coleslaw salad			
Add bacon	+3.0			TOASTED SANDWICHES	
		VEGGIE BURGER	17.9	Cheese Ham & Cheese	5.5 6.5
		Mushroom, avocado, spinach, halloumi cheese, tomo		Cheese & Vegemite	o.5 6.5
V – VEGETARIAN VE – VEGAN GF – GLUTE	N FREE	relish and aioli in a brioche bun served with onion rir	ngs		0.5
TEGAN GI GLOTLI		(V)			

HOT DRINKS

HOUSE COFFEE BLEND

HOUSE COFFEE BLEND 3.9	4
Arabica coffee, sourced from the highland plantations of	
Africa and Central America. A beautifully balanced and	
full-bodied blend with dark cocoa undertones, hints of	
vanilla and a sweet maple syrup finish	

Latte / Cappuccino / Flat White / Piccolo / Espresso / Short Macchiato / Long Macchiato / Long Black /

Mug	+0.6
Freshly Ground Decaf	+0.5
Bonsoy Milk	+0.5
Milklab Milk: Almond, Coconut, Lactose Free	+0.5
Syrups - Caramel, Hazelnut, Vanilla, Coconut	+0.5
Extra shot	+0.3

AFFOGATO 4.5

100% Arabica coffee extracted over a scoop of creamy vanilla ice cream

9 SPICE CHAI LATTE 5.0

A blend of aromatic spices, organic black tea and raw organic honey. Served in a Turkish pot with cinnamon spice dusting

TUMERIC CHAI LATTE 5.0

A caffeine-free blend, with fresh ground tumeric, ginger, black pepper, cinnamon, rooibos and honey. Served in a Turkish pot with cinnamon spice dusting

MATCHA LATTE	5.0
Powdered green teg leaf latte	

BOUNTY HOT CHOCOLATE

A mix of Belgium's finest milk chocolate callets melted down in a warm creamy coconut milk. Garnished with couverture chocolate

BELGIAN HOT CHOCOLATE 5.0

A mix of Belgium's finest milk chocolate callets melted down in a warm creamy milk. Garnished with couverture chocolate

BELGIAN MOCHA 5.5

A mix of Belgium's finest milk chocolate callets melted down in a warm creamy milk with a premium espresso shot. Garnished with couverture chocolate

BABYCINO (COMPLIMENTARY)

Layers of creamy froth and chocolate sprinkles served with marshmallows

CHAMELLIA TEA - CERTIFIED ORGANIC 4.0

After visiting nearly 100 estates around the world Chamellia uncovered a gem in Ruhuna, Sri Lanka's southwestern tea growing region. Chamellia is involved every step of the way, from withering the tea leaves to oxidisation and drying.

English Breakfast / Earl Grey Supreme / Chamomile / Lemongrass & Ginger / Liquorice, Peppermint & Fennel / Tulsi & Rose / Masala Chai / China Sencha / Peppermint

COLD DRINKS

5.5

SMOOTHIES 7.9

BANANA BUZZ Milk, Banana, Ice Cream, Cinnamon, Honey

DELICIOUS BERRY Milk, Mixed Berries, Yoghurt, Honey **COCONUT DELIGHT** Coconut Water, Mango, Strawberry, Yoghurt, Coconut

TROPICAL SUNRISE Milk, Mango, Strawberry, Passionfruit, Yoghurt, Honey

ACAI Almond Milk, Acai, Mixed Berries, Yoghurt

FRESHLY SQUEEZED JUICE 7.9

HEALTH CONSCIOUS Beetroot, Celery, Carrot, Apple SWEETNESS Pineapple, Apple, Strawberry, Watermelon A LITTLE THIRSTY Watermelon, Apple, Orange, Lemon SOMETHING MINTY Pineapple, Apple, Mint, Lemon GREEN MACHINE Apple, Celery, Baby Spinach, Cucumber

ON ITS OWN Choose up to 3 fruits or veggies on its own

TRADITIONAL MILKSHAKES Chocolate / Vanilla / Caramel / Strawberry Add Malt + 0.5 Thickshakes + 1.0

ICED TEA	5.0
English by alifact to a with lamps and mint	

ICED COFFEE / CHOCOLATE / MOCHA	5.9
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ICED LATTE 4.5

SUPERSHAKES 13.0

NUTELLA CHOC BROWNIE Nutella milkshake topped with whipped cream, Nutella brownie cookie sandwich, chocolate crumble and Nutella cake

STRAWBERRIES & CREAM Strawberry milkshake topped with whipped cream, red velvet cake, strawberries, raspberry coulis, white chocolate ganache and Persian fairy floss

COOKIES & CREAM Cookies and cream milkshake topped with whipped cream, cookies and cream ice cream, wafer cone, mini Oreos, chocolate crumble and white chocolate ganache

LOLLY HEAVEN Blue Heaven milkshake topped with whipped cream, sour straps, 100's & 1000's, gigantic lollypop, Persian fairy floss, popping candy and white chocolate ganache

PEANUT BUTTER SALTED CARAMEL Peanut butter salted caramel milkshake with whipped cream, chocolate ganache, pretzels, caramel popcorn, mini Reese's, and peanut butter brownie cookie sandwich

FERRERO ROCHER Chocolate hazelnut milkshake topped with whipped cream, chocolate ganache, hazelnuts, chocolate crumble, Ferrero Rocher mini cake, chocolate wafer stick

