



**NORTH ADELAIDE PRIMARY SCHOOL
LUNCH PRICE LIST AND MENU FOR TERM 2 2011**

Good food is essential for good nutrition, healthy growth and optimal development. At Caffeteca we aim to provide a lunch menu that complies with the South Australian Government “Right to Bite” program for promoting healthy choices for our children. This is a work in progress so please give us your feedback.

Please make sure all lunch details are written on the brown bags supplied and then paid at counter.

Menu updates will also be on our website www.caffeteca.com.au

Sandwich (White or Wholemeal)	Price
Ham	3.30
Roast Chicken	3.80
Tuna	3.30
Cheese	2.90
Salad	3.80
Buttered only	1.50
Vegemite	1.90
To add Salad	1.40
Salad is lettuce, tomato, cucumber, carrot	
Toasting extra	.50
Extra fillings available at:	
Cheese	.70
Carrot	.60
Cucumber	.60
Tomato	.60
Lettuce	.60
Mayonnaise	.30
Vegemite	.30
Tomato sauce	.20
Pasta	
Beef Ravioli in Bolognese sauce	4.80
Macaroni Cheese Bake	4.50
Toasted Focacce	
Ham, cheese and tomato	5.40
Ham and cheese	4.80
Cheese and tomato	4.30
Cheese	3.70
Snacks	
Fresh fruit salad	3.50
Fruit bread (wholemeal 1 slice)	2.50
Banana bread	4.00
Gelato - Low in fat and sugar and made with real fruit	
Mango, lemon, chocolate and vanilla	3.90
Drinks	
Chocolate milk	2.50
Plain milk	1.50
Freshly squeezed orange juice 250ml	3.00
Pago fruit nectars (100% fruit juice and no added sugar. Apple, pineapple, peach and ace.	3.90

Friday Special only

Chicken Breast Nuggets (100% Breast) 6 Pieces with sweet and sour sauce \$4.50