

ATHLETIC WITH AN EDGE

The gym mirror selfie: admit it, you've done it.

But now there is no excuse to be dressed in your shabby, moth eaten old sloppy joe. More brands are jumping on the sports-luxe bandwagon and bringing us gorgeous, streamlined and aesthetically pleasing (not to mention slimming) workout options. But why leave it to the gym's sweaty confinement? Teaming high heels with an oversized neoprene sweater; equals completely chic evening attire. Trending this winter is active everyday-wear. Think anoraks, leggings, designer running shorts and sweat tops in contrasting materials or neoprene, jersey and mesh. Luxury has never been so comfortable.

FASHION TIP: LOOK OUT TOO FOR INTERESTING STYLISTIC ACCENTS LIKE ENLARGED ZIPS, METALLIC HIGHLIGHTS



Jacket and shoes as seen in Trenery.







GRAPH' ATTACK

Whoever said prints should be left for the warmer months clearly hadn't seen the lineup for this Winter.

But forget bright, childish sunflowers and daisies and embrace the depth and darkness of a more somber aesthetic. Deep, dark hues of purple, grey, black and blue should be the colour scheme for your print foray. Think painterly: abstract and expressionist vibes were huge on the European catwalks, with oversized geometry, artistic patterns and sketched florals. Feeling nostalgic? The '70s, '80s and '90s sentiments are back with checks, houndstooth and baroque-esque prints being groovy all over again. Another style that has come roaring back this winter? The animal print. But take that sartorial safari beyond leopard and cheetah and get your paws on some zebra, giraffe and tiger.

FASHION TIP: HAVE FUN WITH GRAPHIC ELEMENTS - LAYERING IS EVERYTHING THIS SEASON AND SO LONG AS THE COLOURS ARE RIGHT YOU WON'T LOOK INSANE STRUTTING THE STREETS IN A 3 PRINT ENSEMBLE

ANZAC SPIRIT ALIVE IN WOLLONGONG

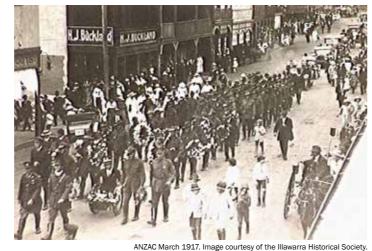
As the city prepares to celebrate the centenary of the landing at Gallipoli, Joe Davidson, Honorary Secretary of the City of Wollongong RSL sub-Branch talks about war, remembrance and why youth in the city are keeping the spirit alive.

YOU HAVE A FAMILIAL LINK TO WW1. CAN YOU SHARE THAT WITH US?

My great uncle was born in Bendigo and back in those days there was severe drought and they were coming out of a major depression so he ended up in the gold mines in Western Australia. He enlisted in Perth at Blackboy Hill camp in January 1917 and was sent to France where he was wounded and died on the 19th of May, 1918 in the Somme area. My uncle was 33 when he enlisted and had a wife and a young child. He's buried in the little village of Heilly/ Ribemont. We've been to France and Belgium about five times and to Gallipoli a couple of times and we always put a poppy on his grave and on my wife's

YOU'VE DONE EXTENSIVE RESEARCH ON THE WAR. WHAT ARE SOME OF THE MAIN THINGS YOU HAVE DISCOVERED?

The war devastated many countries. Australia, with a population then of about 4.5 to 5 million people, lost more than 60,000 people with 156,000 wounded. Most people think the majority of those enlisting where from rural areas but that's not the case. Only 17 percent of those who enlisted were from rural areas. The rest were from urban centres. You know, Australia still suffers the effects of WW1 with the loss of professional people. Then there's the sheer tragedy of the whole thing and the fact that it could have all



I did national service in the '60s. I did 10 years in the Army Reserve. My brother was a career soldier. He passed away in 2001 and I felt I should get involved with the RSL.

A CENTURY ON AND THE EMOTION SURROUNDING WW1 IS STRONGER THAN EVER IN ALL SEGMENTS OF THE COUNTRY, WHAT DO YOU THINK DRIVES THAT?

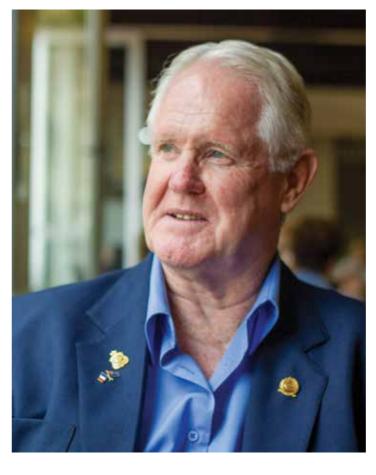
It's almost indefinable. It's a sense of being Australian, that sense of history and sacrifice, the devastation it caused to the population of Australia and the long-term consequences of the war. There were as many ex-servicemen in the 1920s and '30s who died as a consequence of their injuries as did in the war

INTEREST AMONG ALL AGE GROUPS IS SO STRONG TODAY, WHY IS THAT?

Subsequent to any war there appears to be a downturn of interest or acknowledgement of that war. It seems to be a case of people saying 'I don't want to hear about it anymore'. They went through it in the 1920s and '30s and I think it happened in the 1950s and '60s but now we're seeing a dramatic change. The difference in attendance at the Dawn Service in the past five to six years is significant. It's gone from 600 to 800 to 2,000 to 2,500. This year we expect 4,000 to 5,000. I put it down to a couple of things - the terrific work of the schools who are engaging students in their own commemorative services and the astounding access to information that is available today. There is nothing you can't

WHY IS IT IMPORTANT TO REMEMBER AND COMMEMORATE?

It's incredibly important that we maintain knowledge of that history because of the sacrifices made. If you've served in the military it has a lifetime impact on you in so



WHAT DO YOU HOPE THE PEOPLE OF WOLLONGONG TAKE AWAY FROM ANZAC DAY THIS YEAR?

I hope they pause and think about the war. I hope they're thinking about the sacrifices made and the people who lost family members and the people who were mentally or physically affected by conflict. I hope they're thinking of what others have done to supply us with the standards of living and the benefits we enjoy today.

HOW WILL THE DAY BE COMMEMORATED IN WOLLONGONG?

The Dawn Service at the Cenotaph in MacCabe Park begins at 4.45am. This year it will include a light stick parade by school students as we commemorate the 75 Illawarra servicemen killed in action in WW1. Servicemen from RAN vessel HMAS Huon, which will be berthed in Port Kembla, will also attend.

The ANZAC march will start at 9.30am and covers Church, Burelli, Kembla and Stewart streets before ending in WIN Stadium. This will be followed by a special family event, Illawarra Commemorating the Centenary of ANZAC, which will feature marching bands, Wongawilli and a combined schools choir as well as a solemn commemoration service. WIN Stadium will be open from 9am with the main event starting after the march around 10.15am. The event is free and open to everyone.



Crown Street Mall 1914. Image courtesy of the Illawarra Historical Society.



DISCOVER YOUR HOME AWAY FROM HOME

A new Wollongong eatery is offering the magic of mum's baking with the funk of a hip nightspot.

Take a stroll through Globe Lane and discover a world of new delights. In recent years this little inner city enclave has been adopting an increasingly cosmopolitan outlook as a small bar and mouthwatering eateries have taken up roost.

The latest to open its doors is the edgy coffee and cake shop Kürtősh, the brainchild of three young men who wanted to combine the warmth and memories of mum's baking with the vibe of street stalls in Hungary and the thrill of discovering something a little

The result is a gem of a café that nourishes all of the senses. Walk past it in the laneway and you're captured by the glass window that exposes the work table where the signature Hungarian pastry Kürtőskalács, also known as chimney cake, is prepared. Using an authentic recipe supplied by an old Hungarian man while the boys were travelling the country, the yeast-based pastry is crispy on the outside and soft inside and covered in a choice of spices or even Nutella.

Step inside and the true wonder of the venue is revealed. Glass cabinets showcase the array of sweet and savoury delights, beautiful slabs of cheesecake, roulade and tiramisu, chocolate balls and flourless chocolate cakes among them, which can be cut to whatever size you like.

For here you buy your cake by weight, so you can enjoy one big slice of a favourite or indulge in a selection of small pieces on those days when it's just too hard to make up your mind. It's just like being a kid in a candy store.

Team it with your favourite coffee and settle back to enjoy the vibe. Kürtősh ignores the standard to produce an edgy dining experience that can and is enjoyed by all generations. It's a long, lean building with a rustic, almost industrial feel to it and low lighting that is both calming and intimate.

Open from 7am to 10pm weekdays and 8am to 10pm on weekends, you can indulge to suit your mood. Something savoury for breakfast or with your morning coffee perhaps? Chimney cake for the afternoon or a sweet treat to finish off after dinner.

Kürtősh is aiming to combine good, rustic food made with a mother's love with an atmosphere that delights and comforts. Based on the customers already enjoying its delights, this little haven won't be a secret for long.

GLOBE LANE. WOLLONGONG CENTRAL



MAX BRENNER

Chocolate is not just about taste, it's a diverse symbol of aspects within our lives, it's about romance and sensuality, it's about sharing and most importantly it's about indulgence.

Shop your experience and indulge in decadent pastries, creamy fondues and thick milkshakes, lose yourself in a place where chocolate associations are expressed everywhere in music, design and on the menu. At Max Brenner, the aroma surrounds you and carries you away into the excitement of your own chocolate mood.

BUILDING 1, LEVEL G, WOLLONGONG CENTRAL

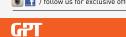


SAN CHURRO

Chocolate. The very word brings joy to our hearts and smiles to our faces. Chocolate is the epitome of luxury, yet an everyday food of comfort that surpasses cultural barriers and brings us together like no other.

Churros are undoubtedly the hero of the chocolateria and San Churro's signature dish. Sometimes referred to as Spanish doughnuts, their churros are made to an authentic recipe, cooked fresh to order, dusted in sugar and served with a dip-cup of pure melted couverture chocolate or Spanish caramel. Traditionally chocolate and churros (chocolate con churros) is the Spanish way to start the day or end a night of celebration, and thanks to San Churro. Australians are adopting this new tradition as their own.

GLOBE LANE, WOLLONGONG CENTRAL





GENDER BENDER/WEARING THE PANTS

This winter transcend the gender-divide with the look of the season: the masculine. It's dark, polished and it's powerful.

But don't let the colour palette fool you: think sexy, not morbid.

How far you want to push this trend is up to you: Run full speed into the depths of man-woman mystery with an oversized pant AND BROGUES - LET YOUR FEET DO THE WALKING suit (hide all those womanly curves and/

or fleshy winter layers) or go half-mast with

a boyfriend blazer over black skinny jeans or deep hued slim-lined pants and some

FASHION TIP: MUST BUY - MAN-STYLED SLIPPERS



TEEN SPIRIT/WINTER DAZE

This winter is all about sporty athleisure styles mixed with '90s rock come grunge-chick.

Tomboy-esque comfort reigns supreme with the cool kids this season. For school, sport or play, sneakers have never been more popular

Pull on a pair of Nike Roshes or Adidas Superstars, washed out high waisted leans in blue or black, a printed shirt (check

never goes astray) and a khaki utility jacket and you'll be party ready from day-to-night.

FASHION TIP: IF THE THOUGHT OF NOTHING BUT THE GRUNGE COLOUR SCHEME OF BLUES, REDS AND BLACKS MAKES YOU BORED TO DEATH, PUT THE COLOUR ON YOUR KICKS. SNEAKERS IN ALL COLOURS ARE COMPLETELY FASHION SAVV





TRENERY

Trenery create clothing, accessories and footwear for men and women who appreciate refined beauty and sophisticated design.

Trenery collections are modern in approach and timeless in style with the understated luxury of quality of fabrics and considered details. Each season Trenery work to innovate and evolve, growing their reputation for collections that not only promise style that outlasts fashion but also stand the test of time.

The Trenery collections are timeless and elegant – it's the sculptural quality of the perfect bag, the statement made by a well-tailored suit, the luxury of the softest knits and the confidence of the classic trench made modern. It's the flattering cut and the subtle details, the colour palette and the fabrication. Combined these elements give the Trenery collections an incomparable measure of quality. Trenery is everyday luxury.

BUILDING 3, LEVEL 3, WOLLONGONG CENTRAL



12th - 13th May

THE IMPORTANCE OF BEING MIRIAM

In this hilarious, heart-warming and thought-provoking new show, internationally renowned actress Miriam Margolyes reveals for the first time on stage the full range of her immense talent.

Throughout this captivating performance, Miriam inhabits over 20 characters with a dazzling variety of the accents for which she is renowned. The Importance of Being Miriam is a rare and extraordinary theatrical journey.

WHERE: Merrigong Theatre Company WHEN: 12th - 13th May COST: \$89 + Booking Fee



By Warwick Keen, Reading Between the Lines, 200

28th May – 13th June

INDIGENOUS ARTS FESTIVAL

The Indigenous Arts Festival celebrates the art, culture and creative enterprise of Australia's first people. The festival will include talks, presentations and workshops by some of Australia's most highly respected Aboriginal arts professionals working across visual arts, film, writing, music, acting and performance.

WHERE: Wollongong Art Gallery WHEN: 28th May - 13th June



LITTLE ADVENTURERS

For the kids, winter embraces functional urban style dressing with an air of adventure

Girls and boys have cool, casual and most importantly comfortable fashion at the fore. For little miss, playfulness meets street-style edge with cute patterns from nature, specifically the animal print, with iersev, biker leans and vests.

Use a base colour-set of darker shades like camel, greens and greys and team with highlights of colours such as soft pinks and indigo, to keep appropriate for kids. For the boisterous boys, let them be stylishly active through sporty styling.

Athletic inspired pants and chinos are easy to move in while still being fashionable. Pairing outfits with knits, puffer vests and jackets in ochre and natural tones will keep them looking funky but still practical. The lads will be rough and tumble ready!

> FASHION TIP: GEOMETRIC CAMO IS VERY IN AT THE MOMENT, STEER CLEAR OF 'CHILDISH' PRINTS AND KEEP YOUR YOUNG ONES LOOKING CUTE BUT COOL



CASUALLY COOL/THE URBAN GENTLEMAN

This winter's trendsetter man will be taking a more casual approach, but don't think lazy.

We're talking slouchy, street style with alternative tailoring and layering, layering, layering.

Lucky for the guys this is a super comfortable aesthetic whilst still being totally hip. Use Kanve as your inspo: bases of black, blue and grey with accents of burgundy and indigo. Mix it up textures and fabrics with leathers, lush wool knits, shearling and even puffer vests perfect for cold weather style.

Oversized scarves and jackets will keep out the chill while being contemporary and sexy. Investment pieces: Leather jacket, navy blazer, statement coat and some dark denim jeans. Take our word for it, you'll get your money's worth.

FASHION TIP: DON'T BE AFRAID OF PRINTS - CHECKS AND GEOMETRIC SHAPES ADD DEPTH AND INTEREST TO AN OUTFIT, PARTICULARLY IN A DARK COLOUR SCHEME MAKE A STATEMENT WITHOUT FEELING LIKE YOU'RE WEARING GRANDMAS 70'S WALLPAPER

RELAX

BOOK REVIEW: THE PAINTED SKY

The author Alice Campion is the pseudonym for five members of a Sydney book club who challenged themselves to write a '21st Century Thorn Birds'. The result is a captivating rural novel, brimming with romance, mystery and suspense.

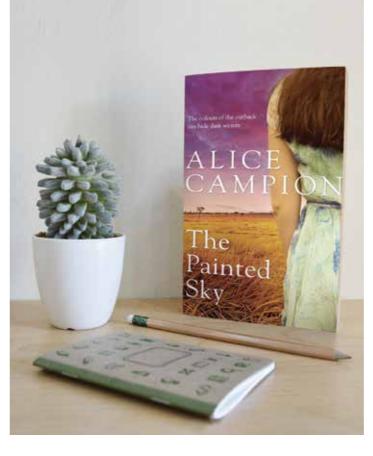
Nina never knew what happened to her father, the celebrated artist Jim Larkin. One minute he was her devoted dad, the next he'd disappeared without trace. Seventeen vears later, she's still haunted by the mystery

Until a call from outback Wandalla changes everything. At first, Nina's inheritance of a waterless property and a farmhouse stuffed with junk seems more like a burden than a gift. But this was her father's childhood home - and possibly her last chance to

Nina travels to her farm for one last trip to rekindle memories and search for new evidence. What she gets is far more than she bargained for. Where did her father disappear to? What was the double life he lived? What is the deal with the gold locket? Why is her neighbour, Hilary, so keen to get her hands on Durnham House? These are just a few of the many questions that Nina has to unravel. Add to this her complicated feelings towards her childhood friend, the very-engaged Heath, and you have a story that will keep you flicking the pages till the very end. The blend of mystery and suspense, along with a touch of romance and intrigue made for an excellent rural romantic suspense novel which is fresh and entertaining.

The Painted Sky is available at Dymocks Wollongong.

BUILDING 3. LEVEL 3. WOLLONGONG CENTRAL DYMOCKS.COM.AU





ANASTACIA:

WHERE: WIN Entertainment Centre

WHEN: Friday 1st May @ 8pm

20th - 23rd May

Storm Boy tells the captivating story of

a boy's last childhood summer

WHEN: 20th - 23rd May COST: \$65 + Booking Fee

WHERE: Merrigong Theatre Company

STORM BOY

RESURRECTION TOUR

THIRSTY MERC + SPECIAL **GUESTS THE TAMBOURINE**

2nd May

WHERE: Towradgi Beach Hotel WHEN: Saturday 2nd May @ 8pm COST: \$30 + Booking Fee



16th May

RIDE AROUND THE LAKE Ride Around The Lake is a charity

WHERE: Lake Illawarra Lakeside Park Kanahooka WHEN: Saturday 16th May

Every Thursday

EAT STREET MARKETS Eat Street aims to promote those who

produce. WHERE: Crown Street Mall, Wollongong

are passionate about the food they

WHEN: Every Thursday night from 5pm

17th May

ST GEORGE ILLAWARRA DRAGONS VS CANBERRA RAIDERS

WHERE: WIN Stadium WHEN: Sunday 17th May COST: From \$23 + Booking Fee



recreational cycle around Lake Illawarra

22nd - 24th May

REEBOK CROSSFIT GAMES

Australian Crossfit athletes will compete with the best 10 men, 10 women, and 10 teams from the Asia Region

WHERE: WIN Stadium WHEN: 22nd - 24th May



COLOUR RUN WOLLONGONG

Wollongong hosts the 'Happiest Five Kilometres' on the Planet.

WHERE: Stuart Park WHEN: Sunday 24th May COST: \$66 per person



31st May TUTTI IN PIAZZA

The Tutti in Piazza Italian festival will have a number of traditional Italian food

stalls, live performances and activities.

WHERE: Crown Street Mall WHEN: Sunday 31st May

