# Phone Orders 9418 2099 www.barfresko.com.au

#### **Breakfast**

White or wholemeal toast

Sourdough (country white or soy & linseed), turkish bread or gluten free bread - add \$1 Eggs served scrambled, fried or poached.

Fresko Brekkie... poached eggs w/ rocket, avocado, hollandaise on toast. \$16.8

Eggs Royale..poached eggs w/fresh asparagus, smoked salmon, avocado, hollandaise on toast\$21.8

Eggs Benedict... poached eggs w/ leg ham & hollandaise on toast w/ grilled tomato. \$16.8

Eggs Florentine... poached eggs w/ spinach & hollandaise on toast w/ grilled tomato. \$15.8

Eggs Salmon... poached eggs w/ smoked salmon & hollandaise on toast w/ grilled tomato. \$20.8

Big Brekkie... eggs, bacon, beef sausage, mushrooms, hash brown, grilled tomato & toast. \$20.8

Vegeroma Brekkie... eggs, spinach, mushrooms, haloumi, avocado, grilled tomato & toast. \$20.8

Bacon & Eggs... eggs, bacon, grilled tomato & toast. \$13.8

Sausage & Eggs... eggs, sausage, grilled tomato & toast. \$13.8

Mushroom & Eggs... eggs, sauteed mushrooms, grilled tomato & toast. \$13.8

Eggs & Toast... eggs, grilled tomato & toast. \$10.8

Ricotta Sourdough Toast... w/ ricotta, honey and cinnamon. \$10.8

Bacon & Egg Roll... w/ BBQ or tomato sauce. \$10.8

Avocado Smash... on sourdough with mint, feta & lemon. \$14.8

Zucchini Pancakes... w/ bacon, avocado, tomato salsa, melted cheese & balsamic glaze. \$16.8

extras... \$2 - baked beans, fried onion, grilled tomato.

\$3 - bacon rasher, egg, hash brown, sausage, spinach, avocado, haloumi.

**\$4** - sauteed mushrooms.

**\$6** - smoked salmon.

## **Omelettes**

All served w/ grilled tomato & toast

Brekkie Omelette... w/ bacon, mushrooms, shallots & cheese. \$17.8

Salmon Omelette... w/ smoked salmon, baby spinach, avocado & cream cheese. \$19.8

Greco Omelette... w/ mushrooms, feta, tomato & baby spinach. \$17.8

Mexican Omelette... w/ avocado, tomato, Spanish onion, coriander, cheese & a hint of chilli. \$18.8

Omelette... w/ three toppings of your choice. \$17.8





### Farmer Jo Muesli

Served w/ natural greek style yoghurt OR milk, berry compote & organic honey. \$14

- \*Burnt fig & almond toasted muesli.
- \*Twice baked honey granola w/ pistachio & quinoa.

### Pancakes & Waffles

Double stack served with cream or ice cream

#### Homemade Pancakes...

- \*Maple syrup. \$12.8
- \*Flamed mixed berries & maple syrup. \$15.8
- \*Fresh banana & maple syrup. \$15.8

#### **Belgian Waffles...**

- \*Maple syrup. \$12.8
- \*Flamed mixed berries & maple syrup. \$15.8
- \*Fresh banana & maple syrup. \$15.8

#### **Toast & Breads**

\*vegemite | \*jam | \*peanut butter | \*marmalade

Plain Toast (2)... white or wholemeal. \$4

Gluten Free (2)... \$5

Turkish Toast (2)... \$6.5

Sourdough Toast (2)... white or soy & linseed. \$6.5

Cinnamon Toast (2)... white or wholemeal. \$4

**Thick Raisin Toast.. \$3.5** (1 slice) - **\$6.5** (2 slices)

**Thin Raisin Toast.. \$2.5** (1 slice) - **\$4** (2 slices)

Banana Bread... \$5

Pear & Raspberry Bread... \$5

Mango & Coconut Bread... \$5.5

Fruit & Nut Bread... \$5.5

Ricotta Sourdough Toast (2)... w/ ricotta, organic honey & cinnamon. \$10.8