

BREAKFAST

ALL DAY, EVERY DAY.

\$10 BREAKFAST SPECIALS

*Most options can be made **gluten free**, just ask!*

Poached eggs, bacon, tomato & toast

Fresh fruit salad **GF**

Muesli, raw honey and strawberry yoghurt compote

Bacon, egg, mushroom, spinach wrap

Savory mince on toast

Lambs fry, bacon and egg

Bacon, egg, spinach hollandaise roll

AVOCADO SPECIALS

All avo specials served with local wilted spinach and a slice of citrus lemon.

Avocado with lemon on sourdough 10

Plus two poached eggs 12.50

Avocado with haloumi, spinach and cherry tomatoes on sourdough with roast veggie chutney 13.90

Avocado with 2 poached eggs and sundried tomatoes on sourdough 14.90

Corn Fritter with avocado, 2 poached eggs and roast veggie chutney 15.90

Smashed avocado, feta and sundried tomato on rye sourdough with a slice of lemon 13.90

Bacon & Eggs served with sausage, tomato and toast 15.50

Breakfast wrap: Bacon / Eggs / Cheese 8.90

Omelette your way 17.90 **GF**

MEGA BREAKFAST

The mother of all meals:

Bacon, eggs, sausage, mushrooms, schnitzel, pasta 20.90

CHEFS SUGGESTIONS

Smoked salmon, sundried tomato, spinach omelette 15.90

Mushroom, feta and ham omelette 15.90

Roasted vegetables, tomato, ham and cheddar cheese omelette 15.90

Savory mince with eggs on toast 15.90

Smoked Salmon with scrambled eggs, spinach, mushroom and tomato 15.90

Bread options: **sourdough** | **wholegrain** | **rye** | **GF** | **multi-grain** | **white**

** All extras 2.50: **Two eggs your way** (Poached, Fried, Scrambled) | **haloumi** | **smoked salmon** | **ham** | **avocado** | **mushrooms**

DRINKS

REFRESH OR RECHARGE.

COFFEE

HAND PICKED, HAND MADE.

Espresso	3.50
Long Black	3.50
Flat White	3.50
Flat White Mug	4.50
Cafe Latte	4.00
Cappuccino	4.00
Muggaccino	4.50
Moccachino	4.50

Tea 3.50

Hot Chocolate 5.00

Mary's Milkshake 7.90

Iced Coffee 7.50

Iced Chocolate 7.50

Malted Milk 8.50

Milk Alternatives: **Almond** |
Zymil | **Bonsoy** | **Trim**

FRESH JUICES & SMOOTHIES

SEASONAL FRUIT, ALWAYS FRESH.

Bulimba Banana Smoothie 7.90

Freshly Squeezed Juice 8.90

Refresher: Orange, Pineapple, Lemon

Tropicana: Orange, Pineapple, Watermelon,
Apple

Citrus Booster: Orange, Apple, Pineapple

Morning Glory: Orange, Grapefruit, Lime

Early Clean Up: Watermelon, Pineapple,
Lemon

Veg Out: Celery, Beetroot, Apple, Ginger